

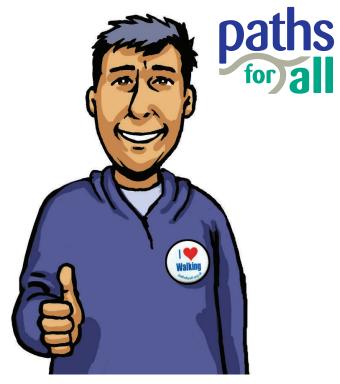
## Walk Leader agreement

- We will always try to make the walk safe for you by doing a risk assessment
- 2. We will describe the route and any hazards to you before we start walking and will let you decide how far you want to walk
- 3. We will try to make sure that all staff and volunteers have done the Paths for All Walk Leader training course
- 4. We will try to find a walk that is suitable for everyone

As walkers and Walk Leaders we agree to respect each other







## Walker agreement

- 1. I will only do the walk if I am fit enough. If I have any concerns about this I will talk to a Walk Leader or a health professional
- 2. I will tell Walk Leader if I feel unwell while out on a walk
- I will let a Walk Leader know if I am leaving the walk before it has ended
- 4. It is up to me to make sure I can do the Health Walk safely
- 5. I understand that I come on a Health Walk at my own risk

## As walkers and Walk Leaders we agree to respect each other

Paths for All, Forrester Lodge, Office 8, Tullibody Road, Alloa FK10 2HU t: 01259 218888 f: 01259 218488 w: www.pathsforall.org.uk

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