## **Research participants wanted**



## We are conducting a study to help us understand the impact of COVID-19 on mental health and wellbeing for people with heart failure and to compare them with people who haven't had heart failure.

We are recruiting participants for an online survey looking at psychological, physical, and social wellbeing during the COVID-19 pandemic among people with heart failure compared to people who do not have heart failure. This study aims to better understand the mental health impact of COVID-19 for people with heart failure and improve healthcare services in future.



**Criteria**: You need to have a diagnosis of heart failure or have been sent details of the study by a friend who has heart failure. You don't need to have experienced mental health problems to take part, but we welcome participants who have. To take part you must be 18 years old or above, currently reside in Scotland, understand written English and have the technology and ability to access an online survey.



**What's involved?** Completing an online survey of questions about your wellbeing during the pandemic (about 10-15 minutes to complete). Your answers will be anonymous. If you have heart failure, you will be asked to send details of the study to 2-3 close friends. This is so we can compare wellbeing among people with and without heart failure. We will ask if you are willing to be contacted for future study follow-up.



**When?** Now! Recruitment is ongoing. For more information about taking part and to complete the survey, please visit: <u>https://glasgow-research.onlinesurveys.ac.uk/heart-failure-survey</u>



If you have any questions, please contact the lead researcher (Elizabeth Hannaford) on <u>e.hannaford.2@research.gla.ac.uk</u>. This study has been reviewed by the University of Glasgow DClinPsy Programme.

The study is sponsored by NHS Greater Glasgow and Clyde and has received ethical approval from West of Scotland Research Ethics Committee 1 (reference number: 20/WS/0136).