

WOMEN'S HEART HEALTH RESOURCE

HEARTE 15

Did you know heart disease is one of the most common causes of death for women in Scotland?

Despite this, heart attacks and heart disease can often be underestimated and under-treated in women compared to men.

Our new, free HEARTE online module on Women's Heart Health aims to:

- Provide information and support to those living with or at risk of heart disease
- Help you understand more about the signs and symptoms of women's heart health
- Improve care for women in Scotland

HEARTE is a free online women's heart health educational resource. Created for people living with or at risk of heart disease and health and social care professionals.



Visit HEARTE
[www.chsselearning.org.uk/
hearte/15-womens-health](http://www.chsselearning.org.uk/hearte/15-womens-health)

