

**YOU CAN
MAKE SURE
NO LIFE IS
HALF LIVED**

LEAVE A GIFT
IN YOUR WILL

Chest
Heart &
Stroke
Scotland



YOU CAN BE THE DIFFERENCE...

Many of our supporters are choosing to support people across Scotland by leaving a gift in their will to Chest Heart & Stroke Scotland.

THERESA IS LEAVING A LIFE-CHANGING LEGACY.

"Doing this for myself gave me an opportunity to think seriously about my own legacy. I decided I wanted to give a percentage to CHSS because I see first-hand the work it does. Its values and person-centred, community-based approach match my own."

THERESA



No matter how much you give, a gift in your Will means that we can continue to support survivors and their families now and in the future.

You can make a difference and ensure your legacy of kindness and generosity lives on.

We appreciate that this is an incredibly generous gesture and is one that will mean a lot to the people that we support. If you want to discuss this further – such as letting us know if there are specific areas or services you'd like your donation to go to – please get in touch. We're happy to answer any questions that you and your loved ones may have.

...BETWEEN SOMEONE JUST SURVIVING & REALLY LIVING

Every penny you raise will go towards helping someone in Scotland do more than survive when they return home from hospital with a chest, heart or stroke condition – you'll help them really live.

"CHSS has been so vital to my recovery."

JOHN



You'll be helping people like John who suffered a heart attack in April last year while on a bike ride with a friend.

Lifesaving is not a word John bandies about easily. But when he speaks of the support he received from our Advice Line after having a heart attack, it's the one that comes readily to mind.

"What CHSS has done for me has been absolutely massive. It's been incredible. Lifesaving is the word coming into my head, and it sounds over-dramatic, but CHSS has been so vital to my recovery."

"When Tracey from the charity's Advice Line first phoned me, it was perfect timing and a trigger just to open up and share my feelings. I was so desperate for support, and some of the things she gave me – coping mechanisms and therapy guides – I still use today."

*"With your help,
I can continue
getting the help
I need."*

TOM



*"I am here today
because of you and because
of the support that I got from
Chest Heart & Stroke Scotland."*

PAULA

OUR PROMISE TO YOU

- We'll answer any questions honestly and quickly.
- **We won't put you under pressure – this is a big decision so please decide in your own time.**
- Your loved ones come first – we will respect what your Will says.
- **We'll use your special gift wisely and effectively.**
- You don't have to tell us your decision – we respect your right to privacy.
- **You can come and see our service first hand – just let us know.**
- We'll respect your wishes as outlined in your Will.

OUR TRUSTED PARTNERS

Chest Heart & Stroke Scotland has partnered with trusted Will writing services to enable people who support CHSS and their partners to write or update their simple Will for free, online, over the phone or face-to-face with a qualified solicitor. Services vary with location, simply choose the available service that suits you best.

If your Will is more complicated, you may be asked to pay an additional fee. This will be agreed between you and the solicitor beforehand, so you won't suddenly face an unexpected cost.



Online: You can write or update your Will online for free, from the comfort of your own home, with the Free Wills Network. For more information and to start your Will, go to www.chss.org.uk/legacy

Over the phone: Write or update your Will over the phone for free with the Free Wills Network. Complete their online forms and a dedicated Wills specialist will call you back to answer any queries and finalise your Will. To use this service please call our Legacy Officer on 0300 121 2111 or email fundraising@chss.org.uk

Face-to-face: Through the National Free Wills Network you can have your Will written or updated for free with a local solicitor. To use this service please call our Legacy Officer on 0300 121 2111 or email fundraising@chss.org.uk

REMEMBERING US IN YOUR WILL IS EASY TO DO

Every gift, no matter how big or small, is the difference between someone just surviving and really living. You will be funding services that help people get back to the things they love.

IT'S A GOOD IDEA TO KEEP YOUR WILL UP-TO-DATE

Having an up-to-date Will is the only way to ensure that you look after the people and causes that are important to you. We recommend that you seek legal advice or use one of our trusted Will writing partners to ensure your wishes are just as you want them.

YOU CAN ARRANGE YOUR GIFT IN DIFFERENT WAYS

A residuary gift is made from what is left over once gifts of money and items have been distributed, and any debts and taxes paid. You can give the whole of the residue, or a portion of it, to a person or a charity like CHSS.

A pecuniary gift is a specified sum of money. To ensure that it keeps its value over the years, you can ask your solicitor to make it index-linked.

A specific gift is an object, like a painting, a house or a piece of jewellery.

MINIMISING INHERITANCE TAX LIABILITY

If you leave a gift in your Will to charity, you may be able to reduce your inheritance tax liability. We recommend talking to your solicitor or HMRC for further advice and information.

THE WORDING YOU'LL NEED FOR YOUR WILL

RESIDUARY GIFT

Subject to the payment of my debts, funeral and testamentary expenses, I give the whole/ _____ % of my estate not otherwise disposed of by this my Will to Chest Heart & Stroke Scotland, charity registered in Scotland SC018761 and I declare that the receipt of its Treasurer or other proper officer shall be a full and sufficient discharge.

PECUNIARY GIFT

I give free of tax to Chest Heart & Stroke Scotland, charity registered in Scotland SC018761 the sum of £_____ for the general purposes of Chest Heart & Stroke Scotland and I declare that the receipt of its Treasurer or other proper officer shall be a full and sufficient discharge.



*"Your kindness
changes lives
like mine."*

NANCY

**"ALL THE MONEY
RAISED IN SCOTLAND
STAYS IN SCOTLAND"**

Chest
Heart &
Stroke
Scotland



CAN WE HELP YOU?

If you have any questions or would like to chat about how leaving a gift in your Will could make a difference:

Get in touch with our Legacy Officer:

Tel: **0131 260 1053**

Email: legacy@chss.org.uk

Web: www.chss.org.uk/legacy

Write:

Legacy Officer
Chest Heart & Stroke Scotland
2nd Floor, Hobart House
80 Hanover Street
Edinburgh, EH2 1EL

www.chss.org.uk

 [@CHSSScotland](https://twitter.com/CHSSScotland)  [@CHSSScotland](https://www.facebook.com/CHSSScotland)  [@chsscotland](https://www.instagram.com/chsscotland)

Registered with and regulated by the Office of the Scottish Charity Regulator (no. SC018761)
Chest Heart & Stroke Scotland is a wholly Scottish charity. It also operates as CHSS and is registered in Scotland as a company limited by guarantee, no. SC129114.

F208-Mar25

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HALF LIVED**