



BURNS NIGHT

Chest
Heart &
Stroke
Scotland



WELCOME

Whether you're Scottish or Scots at heart, it's time to tartan up for Burns Night and plan the perfect party! Whether you're staying in for a supper with family and friends, hosting a virtual night over Zoom or are planning a shindig for the whole community, we've got plenty of ideas to help your Burns Night go with a bang.



Gie it laldy with traditions both new and old! We've got you covered with our Burns Night fundraising pack, which includes everything you need to make your night as special and Scottish as possible. Inside you'll find lots of useful materials that'll help your Burns Night stand out. If you choose to fundraise for Chest Heart & Stroke Scotland as part of your Burns Night celebrations, you'll be helping people across Scotland live their lives to the full – thank you.

Top Tips – Want to make sure your Burns Night is traditional with poetry, prose and perhaps a dram or two?? Have a look through our Top Tips for a schedule of how your Burns Night could go, as well as some fun ideas to make your night a memorable one.

Quizzes – A Burns Night would be nothing without a little entertainment. We've included a quiz for all ages to test your Scottish know-how. Do you know your sonsie face from your puddin'-race? Can you get full marks?

Och Aye the Noo! – If you're having a Burns Night celebration, you need to make sure you're speaking correctly. Try out some Scottish terms and make your Burns Night In even more traditional, or test your guests to see if they know what all the terms mean!

Decorations – Make your Burns Night look the part with our tartan bunting, or if you're hosting a virtual get-together there's a themed Zoom background to add even more Scottish sparkle to your night!

And lots more – Whether it's music, poetry, games, or addressing a haggis, you'll find everything you need in your pack to make sure your Burns Night is a superbly Scottish one!

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WHAT NOW?

Now all that's left is getting yourself ready for the big day. Here are a few things to consider ahead of your Burns Night celebrations.

Set a date – The most important thing to decide on is when are you hosting your Burns Night? You may want to host it on the 25th, as is tradition, but the choice is down to you. We'll be here all January to support you for whatever you need.

'Dram' up awareness – A Burns Night needs guests. Whether you opt for paper invitations through the letterbox, or post on Facebook, text friends and tell your colleagues, just let as many people as possible know your Burns Night is the place to be!

Your fundraising is like a red, red rose - Make sure to set up your **Just Giving page** with plenty of time to spare. Guests would commonly pay to attend a Burns Night, so why not get your guests to donate to your page instead of a ticket?

Do your own thing – Burns Nights may be traditional, but that doesn't stop you from putting your own spin on things. Why not think up some games for your guests? You could play spot the Haggis, have an arts and crafts section, you could even have a Haggis Hurling competition. It's your night, so make it a special one!

You're making a difference

By choosing to fundraising for Chest Heart & Stroke Scotland this Burns Night, you'll be helping to fund our Hospital to Home service, making sure people across Scotland get the support they need as they return home from hospital after a devastating diagnosis. With your support, people with chest, heart and stroke conditions will be able to live life to the full again.

If you need absolutely anything in the build up to your Burns Night, just get in touch with your local fundraiser
- we're here to help!

Burns Night Team



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TOP TIPS / SCHEDULE

Never held a Burns Night celebration before? Keep it traditional with our top tips to ensure that your Burns Night is simple, fun, and most importantly... Scottish!

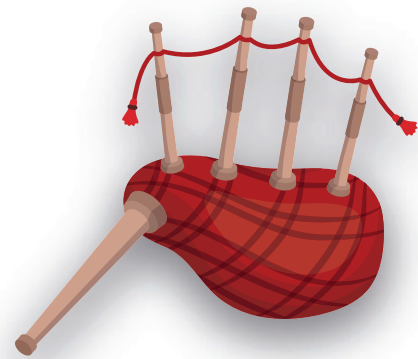
A traditional Burns Night usually commences with the "Piping in of the Guests." Not everyone will have a bagpiper in the family, so why not play some traditional Scottish music to kick off your night right!

The host of Burns Night will then usually start proceedings by welcoming and introducing their guests for the evening.

With your guests hungry and ready to eat, it's important to recite the Selkirk Grace to usher in your meal in preparation for your feast.

**Some hae meat and canna eat,
And some wad eat that want it,
But we hae meat and we can eat,
And sae the Lord be thankit.**

Before tucking into your meal, make sure you find time for the final step before eating, Address to a Haggis. Why not designate the person you'd like to make the address, and make sure they've got a copy of the Address to a Haggis that you'll find in your fundraising pack!



Once your address is done it's time to dig in to your feast. It's tradition for the group to shout "The Haggis" together as you all start your superbly Scottish meal!

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When you've all finished your haggis it's time for drinks and entertainment! There are usually three forms of entertainment on a Burns Night. Here are some options for yours...

Grab yourself a glass of something fine and why not have a go at the Quiz in your Burns Night In fundraising pack!

Rabbie Burns is Scotland's most famous poet for a reason, why not find one online and read it to your guests? Tam o' Shanter, Holy Willie's Prayer, For a' That and a' That, are commonly recited on a Burns Night.

Why not have a Burns Night themed game as one of your entertainments? You could pin the hat on the haggis, try some Haggis Hurling, or even come up with your own Burns themed game.



It is tradition to have a "Toast to the Lassies" on Burns Night. The humorous highlight is used to praise the role of women in the world today. This is usually done with reference to some of Burn's poetry. This is often followed by the "Reply to the Toast to the Lassies" where the women present get their chance to reply.

As you bring the evening to a close, the chair will commonly offer their "Vote of Thanks" to all that have attended and contributed to the evening. As the host you could do this yourself, or you could go around your guests to see what they are thankful for!

No Burns Night would be complete without a rendition of the Scottish Classic "Auld Lang Syne." Raise your glass and sing as one to bring an end to your Burns Night!

WE HOPE YOU ENJOY A BRAW BURNS NIGHT

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INVITATION

*You are cordially invited to a
Burns Night celebration*

at:

on:

RSVP to:

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MENU

Starter



Mains

Dessert

Drinks

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ADDRESS TO A HAGGIS

Fair fa' your honest, sonsie face,
Great chieftain o' the pudding-race!
Aboon them a' ye tak your place,
Painch, tripe, or thairm :
Weel are ye wordy o'a grace
As lang's my arm.

The groaning trencher there ye fill,
Your hurdies like a distant hill,
Your pin wad help to mend a mill
In time o'need,
While thro' your pores the dews distil
Like amber bead.

His knife see rustic Labour dight,
An' cut you up wi' ready sleight,
Trenching your gushing entrails bright,
Like ony ditch;
And then, O what a glorious sight,
Warm-reekin', rich!

Then, horn for horn, they stretch an' strive:
Deil tak the hindmost! on they drive,
Till a' their weel-swallow'd kytes belyve
Are bent like drums;
Then auld Guidman, maist like to rive,
Bethankit! hums.

Is there that owre his French ragout
Or olio that wad staw a sow,
Or fricassee wad make her spew
Wi' perfect sconner,
Looks down wi' sneering, scornfu' view
On sic a dinner?

Poor devil! see him owre his trash,
As feckless as wither'd rash,
His spindle shank, a guid whip-lash;
His nieve a nit;
Thro' bloody flood or field to dash,
O how unfit!

But mark the Rustic, haggis-fed,
The trembling earth resounds his tread.
Clap in his walie nieve a blade,
He'll mak it whistle;
An' legs an' arms, an' heads will sned,
Like taps o' thrissle.

Ye Pow'rs, wha mak mankind your care,
And dish them out their bill o' fare,
Auld Scotland wants nae skinking ware
That jaups in luggies;
But, if ye wish her gratefu' prayer
Gie her a haggis!

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SCOTS TRANSLATION

WORDS

Bairn - Baby
Braw - Good, or brilliant
Bide - Wait or stay
Bowfing - Smelly, Horrible.
Clyping - Tell story/tales
Coo - Cow
Dinnae - Don't
Feart - Afraid
Gang - Go
Hae - Have
Hoachin - busy
Ken - I Know
Mon - Come on
Pap - Throw
Piece - Sandwich
Scullery - Kitchen
Skelp - Slap
Tattie - Potato
Totie - Very Small
Wean - Child
Wheesht - Quiet

PHRASES

Am Pure done in - I'm feeling very tired.
Haud yer wheesht! - Be quiet.
Ah dinnae ken - I don't know.
Haste Ye Back! - Farewell saying meaning "return soon"
Gie it lald. - Do something with gusto.
Lang may yer lum reek! - May you live long and stay well.
I'll gie ye a skelpit lug! - I'll give you a slap on the ear.
Hell slap it intae ye - It's your own fault
Whit's fur ye'll no go by ye! - What is for you will not go by you, meaning, what will be, will be.
Dinnae teach yer Granny tae suck eggs! - Stop teaching someone something they already know.



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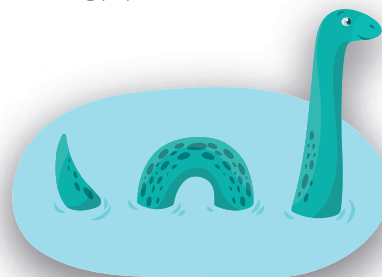
QUIZ

ADULT

1. Where was Robbie Burns Born?
A) Ayrshire
2. Which Scottish singer won an Oscar for "Into the west" featured in the Lord of the Rings trilogy?
A) Annie Lennox
3. A Scottish Mountain is better known as a Munro, how high must the mountain be to be referred to as a Munro?
A) 3,000ft
4. In what year was the iconic Scottish soft drink, Irn Bru, invented?
A) 1901
5. Scotland qualified for their first international football competition for 23 years, but who scored their final penalty when they beat Serbia on November 12th 2020 to qualify?
A) Kenny McLean
6. The Scottish town of Perth appears on which Scottish Whiskey label?
A) Bells
7. In 1839, what was added to bicycles by a Scottish blacksmith, which made them easier to get about on?
A) Pedals
8. In what iconic Scottish item, would you find a chanter and a drone?
A) Bagpipes
9. From which Scottish University did Donald Trump have his honorary degree stripped in 2015?
A) Robert Gordon University, Aberdeen.
- 10 Danny Boyle directed "Trainspotting" in 1996 to great success. But who wrote the novel the film was based on?
A) Irvine Welsh

KIDS

1. What famous Scottish Loch is rumoured to be the home of a Monster?
A) Loch Ness
2. What is Scotland's capital City?
A) Edinburgh
3. What is the name of Scotland and the UK's highest mountain?
A) Ben Nevis
4. What is the national animal of Scotland?
A) Unicorn
5. What sport originated in Scotland? Rugby, Football, or Golf?
A) Golf
6. What is Robbie Burns best known for?
A) His Poetry
7. Which famous Scottish film, tells the story of William Wallace?
A) Braveheart
8. Which Scottish City is known as "The Granite City"?
A) Aberdeen
9. What is the name of the skirt like outfit that Scottish men wear on special occasions?
A) Kilt
- 10 What are the traditional Scottish musical instruments which make a strange sound called?
A) Bagpipes



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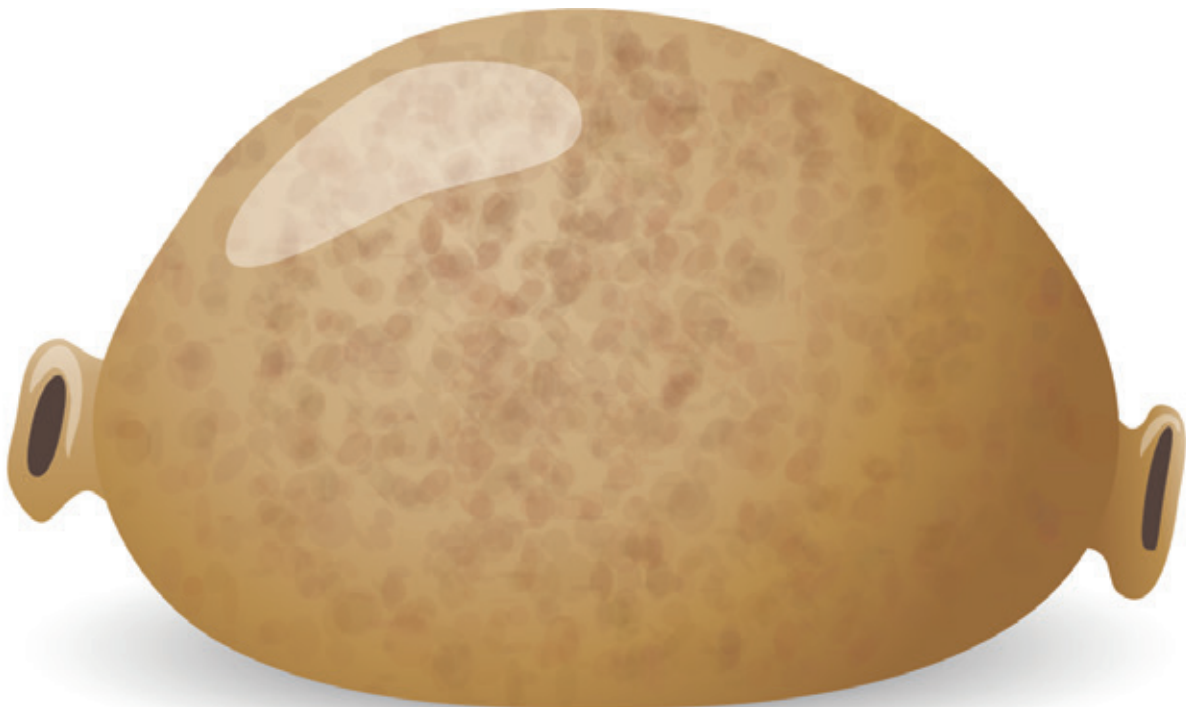
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PIN THE HAT ON THE HAGGIS

INSTRUCTIONS

1. Print off your Pin the hat on the Haggis sheet
2. Carefully cut out both the hat and the haggis.
3. Stick your haggis on the wall and put some blue tack on the back of the hat
4. Put on your blind fold, and gently spin 3 times
5. You now have to guess where the Haggis is and place the hat on top of the Haggis (no peeking!)
6. Once you have stuck the hat on – remove your blindfold and carefully mark where you landed with a pencil
7. Continue until every player has had a go and the closest to the Haggis wins!



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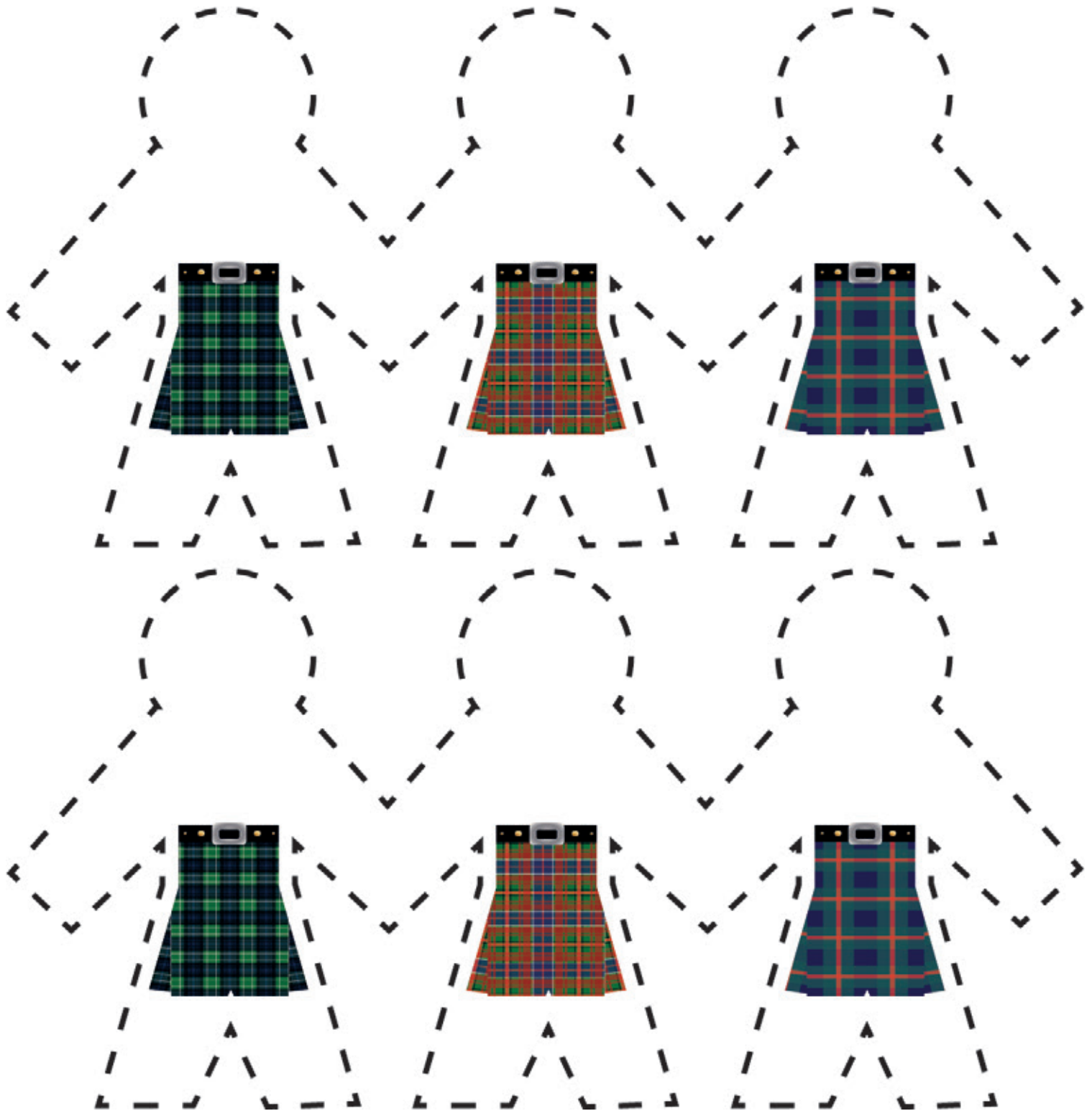
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Cut along the dotted line to create your own kilted bunting!

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