



## 6 Month Post Stroke Review

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### What is it?

- A review of how you are after your stroke
- Reflect on what you have achieved
- Highlight any needs that have not been addressed



## 6 Month Post Stroke Review

### How is it done?

- 6 month review will be carried out by your CHSS Stroke Nurse or other relevant health care professional
- Discussion via phone/videocall/home visit
- You can decide who completes this review with you



## 6 Month Post Stroke Review

### When is it done?

- Around 6 months from the date of your stroke
- Review date will be set at first contact with your CHSS Stroke Nurse but can be changed nearer the time if required
- Review will take around an hour, depending on your needs



## 6 Month Post Stroke Review

### Why is it done?

- Recommended by Scottish Government in the 'Progressive Stroke Pathway' (March 2022)
- To ensure that you 'live no life half lived' and continue to meet your personal goals
- Will facilitate access into specialist services where required
- Ensure any unmet needs following your stroke are met
- To give you the opportunity to ask any questions you may have on your recovery



## 6 Month Post Stroke Review

**NB:** You do not need to have a 6-month review if you do not want one, just let your CHSS Stroke Nurse know

If you need any more information you can also contact the CHSS Advice Line Team:

Tel: 0808 801 0899

Email: [adviceline@chss.org.uk](mailto:adviceline@chss.org.uk)

Text: NURSE to 66777 (standard rates apply)

Opening Hours: Mon – Fri: 9am – 4pm



This presentation was created by Katrina McCormick

Chest Heart & Stroke Scotland



The following organisations contributed to this presentation

Chest Heart & Stroke Scotland

