

How others reached their Personal Fundraising Targets

£200	Put a sponsorship form beside our till with a CHSS collection can and received donations from colleagues and the public.
£420	Posted a link to my online fundraising page on my Facebook/Twitter page and updated my status to thank each person that sponsored me.
£572	Organised a games night in my local, with a raffle.
£322	Arranged a bag packing day at my local supermarket armed with CHSS branded collection buckets, that my local CHSS fundraising advisor Andrea mailed to me. *Please obtain permission
Total	£1,514



Andrea – Retail



Gary - Baker

£250	Emailed all my friends my online fundraising page link.
£240	Sponsored silence while I worked for 12hours!
£312	Baked CHSS branded cakes and sold them in the bakery with all proceeds going to the charity.
£70	Filled smarty tubes with £1 coins I got in change.
Total	£872

£420	Attached the event email signature to an email, including the link to my Everyday Hero sponsor page and sent it to all my business contacts. I also included a link on my work email signature.
£100	Organised a 5-a-side football match in aid of CHSS.
£218	Received donations for a guess my age and dress down day at work.
£194	Sponsored tea/coffee making in the office for 1 week!
£556	My employer matched my fundraising total.
Total	£1,864



George – Accountant

Don't forget – we are here to help! Contact your local CHSS Fundraising Advisor for materials and ideas...

West of Scotland 0300 1212 666 – andrea.mcintyre@chss.org.uk
East of Scotland 0300 1212 444 – claire.pomphrey@chss.org.uk
North of Scotland 0300 1212 777 – paul.corrigan@chss.org.uk
N East of Scotland 0300 1212 888 – katie.jones@chss.org.uk

www.chss.org.uk/myfundraising

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Heart &
Stroke
Scotland**

