

Company Number: SC129114

Charity Number: SC018761



TRUSTEES' REPORT & FINANCIAL STATEMENTS

31ST MARCH 2022

www.chss.org.uk

NO LIFE HALF LIVED

STRATEGIC REPORT

INCORPORATING
THE TRUSTEES' REPORT

REFERENCE & ADMINISTRATION DETAILS

DIRECTORS

J Gibson
T Douglas
G Fowkes (retired 25/11/21)
K Walmsley (retired 21/07/21)
A Morris
N Pirie *
M Ballantyne *
N Francis
S Hutchinson
S Millar
D Sewell
I Turnbull
L Kidd (appointed 25/11/21)
T Walsh (appointed 25/11/21)
J McCroskie (appointed 25/11/21)
D McIntosh (appointed 25/11/21)
P Denton (appointed 25/11/21)
* Also Directors of CHSA Trading Limited

SECRETARY

Jane-Claire Judson

REGISTERED OFFICE AND PRINCIPAL ADDRESS

Second Floor
Hobart House
80 Hanover Street
Edinburgh
EH2 1EL

INDEPENDENT AUDITOR

Chiene + Tait LLP
Chartered Accountants
and Statutory Auditor
61 Dublin Street
Edinburgh
EH3 6NL

BANKERS

Royal Bank of Scotland plc
142-144 Princes Street
Edinburgh
EH2 4EQ

Bank of Scotland plc
The Mound
Edinburgh
EH1 1YZ

Santander UK plc
Bootle
Merseyside
L30 4GB

INVESTMENT MANAGERS

Brewin Dolphin
Sixth Floor
Atria One
144 Morrison Street
Edinburgh
EH3 8EX

SOLICITORS

Addleshaw Goddard
Exchange Tower
19 Canning Street
Edinburgh
EH3 8EH

Lindsays
Caledonian Exchange
19a Canning Street
Edinburgh
EH3 8HE

MESSAGE FROM THE CHAIR

This is my last report as Chair of Chest Heart & Stroke Scotland (CHSS). I want to say thank you to everyone who makes our No Life Half Lived strategy possible.

Because it's acts of kindness that drive our cause. The person who donates to remember a loved-one; the volunteer who breathes life into our shops or offers people hope at the end of the phone; and our incredible staff who are there for people in their time of need.

Every individual act of kindness comes together to make CHSS what it is. These acts have helped us survive a pandemic; and they are helping us step up to the major challenges we see as we start to live with Covid.

Through various channels, people gave £10.9 million this year. Thank you.

Your generosity means over 13,000 people got the one-to-one support they needed over the phone or in person. It means we can reach over 600,000 people through all our service

activities including vital training for our NHS colleagues and information to help people better understand their condition.

You've launched a new service to care for people with Long Covid and kickstarted innovative projects with the potential to transform stroke rehabilitation and how patients access our services through their GPs. And you've supported 6,232 volunteers to deliver 150,000 hours' worth of kind deeds in our communities.

But most of all you have provided hope and relief to families whose lives have been turned upside down by stroke, heart disease or chest conditions like COPD.

As the report from this year shows, we are making positive progress in stabilising the charity as we come out of the Covid crisis and laying the foundations for growth in future years.

The health challenges Scotland faces in the years ahead are huge. Our NHS

is under unprecedented pressure and more people are likely to need our support than ever before.

Your acts of kindness this year mean we are ready to play our full part in meeting those challenges head on.

So that everyone with our conditions can do more than just survive, and really live.

Yours



Jim Gibson

**Chair of the Board of Trustees
Chest Heart & Stroke Scotland**



OBJECTIVES & ACTIVITIES

Everyone has the right to live life to the full. After a diagnosis of a chest or heart condition or a stroke, many people experience fear and isolation and struggle with the impact on their lives. Chest Heart & Stroke Scotland won't stand for that. The care and support we deliver every day ensures everyone can live the life they want to.

Our No Life Half Lived strategy sets out the following core objectives: -

- To double the number of people we reach and focus 60% of our work on supporting people living with our conditions
- To develop multi-condition services
- To double income generation through developing our mix of income streams
- To expand our retail presence and build community engagement in the communities where we operate
- To ensure that all our activities are people-driven
- To double the number of volunteers who work with us
- To transform public understanding of the needs of those people living with our conditions

Our main charitable activities are: -

- Communication support for people affected by stroke, particularly those with speech and language difficulties (aphasia)
- Healthcare professional-led Advice Line and patient information
- Nursing and other support services in the community for people affected by stroke, heart failure and respiratory conditions (e.g. COPD or Long Covid)
- Education and training activities, including training for patient involvement
- Support for voluntary chest, heart and stroke groups
- Campaigning to Government, the NHS and other agencies on health issues
- Representational activities on behalf of patients and carers.

A number of key performance indicators (KPIs) were set out, derived from the charity's strategic plan, against which performance in the year to 31 March 2022 could be assessed. **These KPIs, and progress against them, are as follows: -**

- A minimum of 70% of total charity expenditure (excluding retail expenditure) should be on charitable services – achieved; charitable spend was 86% of total.
- The Charity should operate within its agreed reserves policy, ensuring maximum use of resources for charitable purposes, while covering identifiable risks and liabilities – achieved. Actual reserves (as calculated under the reserves policy) at 31 March 2022 were £9.7m against a reserves policy of £5.5m.
- The sickness absence rate across all the charity's activities should be less than 3.5% – achieved; sickness absence rate was 2.44% for 2021-22.

86p from every **£1** donated goes to charitable activities

Our Leadership Group are continuing their work on developing more relevant post-pandemic KPIs.

SERVICE DELIVERY

Our services teams have been working hard alongside NHS colleagues this year to help provide better care and reduce pressures on our health services.

We have continued to experience significant demand for our range of services, both from people living with our conditions and healthcare professionals.

We reached over 600,000 people this year through all our service activities ranging from online and printed health information to one-to-one recovery support, peer support groups and training for healthcare professionals. Over 13,000 people were supported directly through our Advice Line, Stroke Nurse or Community Support Teams.

We have also been working to ensure that we are best placed to grow further and meet the challenges ahead.

A new management structure was developed with our Community Support function to both ensure that as much resource as possible was client facing and regional management structures had an increased focus on relationship building. A new Customer Relationship Management (CRM) system has been developed, boosting our ability to be

more responsive to people's needs and evidence our impact. The system, using the Dynamics 365 platform is set to go live in July 2022.

A major challenge as we adjust to the impact of the pandemic is providing proper support to those living with Long Covid. In 2021/22, we launched our Long Covid Support Service. The service, developed in partnership with those living with the condition and clinicians, is being supported by £480,000 of grant funding from the Scottish Government. Its focus is to provide self-management support for the most common symptoms including breathlessness and fatigue. Since launch it has taken a total of 1,498 calls.

A major barrier to people using the service is the lack of seamless referral system between GPs and charity services like ours. GPs cannot refer their patients automatically to the Long Covid Support Service. We are therefore working on an innovative new digital pathway in partnership with NHS Lothian, POGO Digital Healthcare and the NHS Lothian Charity, which we hope to address these barriers and open up the service to more people in need for 2022/23.



We reached over

600,000

people this year through all our service activities

Over **13,000**

were supported directly through our Advice Line, Stroke Nurses or Community Support Teams



Long Covid Support Service has taken a total of

1,498

calls since launch



Working on an innovative new digital care pathway for Long Covid with NHS Lothian

COMMUNICATIONS & FUNDRAISING

The generosity of our supporters and funding partners has been fantastic this year. Without their kindness we would not be able to help people with chest, heart and stroke conditions live life to the full.

The focus of this year was on stabilising income after the immediate shocks of the pandemic. We anticipated for this year to present more challenges in generating income. This was because large funds available to navigate the crisis caused by the pandemic would not be as available to charities this year. New waves of the virus also added uncertainty which impacted attendance at our events. Despite such challenges, our fantastic supporters raised over £1.2 million (excluding Legacy income) and £3.2 million in Legacies.

Some of the highlights of the year include the return of larger events. Our popular Beast Races in Banchory and Inverness raised over £40,000 and the KiltWalks brought in a total of over £50,000 thanks to the generous match funding from the Hunter Foundation. Our new firewalking events also performed well with Walk the Flames Glasgow raising over £22,000 – more than double its budgeted income.

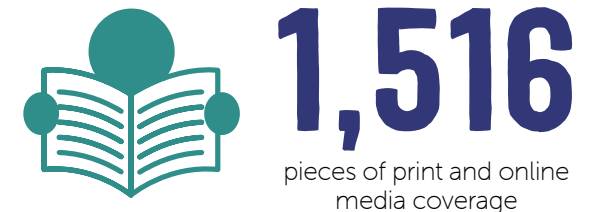
Our Individual Giving work also generated some great results this year with the Christmas Fundraising Appeal raising over £44,000 – one of the most successful fundraising appeals on record – and our Scottish Buzz newsletters generating over £16,000 in total.

We are also incredibly grateful to our corporate partners and Trust funders who are essential to our efforts to make sure there is no life half lived in Scotland. Contributions from DM Hall, Davidsons Chemists, and Trusts like the PF Charitable Trust, Northwood Charitable Trust and Paths for All make sure that support is there to help people do more than just survive their condition. Thank you to you all.

Our Communications team has supported the charity to promote its services, volunteering opportunities and raise the profile of our fundraising heroes by telling the inspiring stories at the heart of our cause.

We secured a total of 1,516 pieces of print and online media coverage this year with a combined readership reach of 115 million achieving almost £4 million worth of equivalent advertising (AVE).

Our Policy and Campaigns work secured a major commitment from all Scottish party leaders to support the extension of our Hospital to Home services across Scotland – a major platform in our ambition to grow our services. Our Long Covid Care Now campaign was also nominated in the Cracking Campaign category at the Scottish Charity Awards.



Scottish party leaders support the extension of our Hospital to Home services across Scotland



PEOPLE DRIVEN DEVELOPMENT

The teams across HR, Safeguarding, Health and Safety and Office and Facilities have worked tirelessly to ensure that the awareness of individual and team foundations of our charity are solid and responsibilities prepared for future growth.

In 2021 we closed down and exited our old office, Rosebery House, and a focus for the team has been the preparation and opening of our new office – Hobart House - ensuring that all Health and Safety and Covid considerations are consistently met. The new office offers a modern space fit for the needs of staff post-pandemic. It was created in close consultation with staff and offers spaces for more collaboration and flexible working as well as the opportunity to host some of our service delivery work such as Peer Support Groups.

We are committed to providing a safe and healthy working environment for colleagues, volunteers and anyone else directly impacted by our activities. To further support the embedding of our Health and Safety culture we have employed a Health and Safety Lead to ensure our colleagues are safe and well in their role. We have reviewed our Health and Safety policies and each Directorate is represented on the Health and Safety sub-group to increase

Keeping our people safe and well is not only a statutory obligation, but also central to our ethos and values as a charity. We have therefore continued to embed a safeguarding culture across the organisation focusing on the preventative measures available to us, as well as being ready to respond timeously and appropriately where any concerns are raised. We have developed an induction and training programme to ensure our colleagues and volunteers are confident and competent in their safeguarding responsibilities.



Our fantastic staff are at the heart of the charity's continued success. Their commitment and talent are what delivers the achievements in this report. Our HR team has been focused on supporting our staff in adjusting to the ways the pandemic has changed our working lives and nurturing their abilities.

This year we undertook an employment contract review to support our hybrid working approach for those colleagues that this was suitable for. We have further developed our Health and Wellbeing culture, with the roll out of our Health and Wellbeing Strategy.

This was also the first year of our new performance management policy and procedure. The procedure is bringing together organisational, Directorate and individual goals, ensuring everyone is working together with the same objective to deliver the No Life Half Lived strategy.



New performance management policy

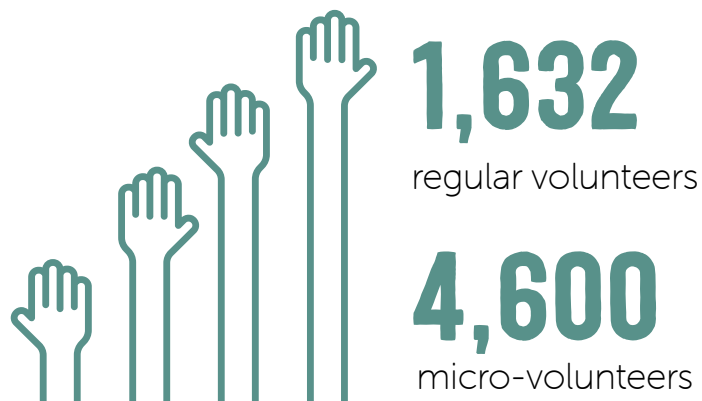
VOLUNTEERING

We're incredibly proud of our volunteers. Whether it's in our shops, our peer support groups or through our direct services, they selflessly give their time to help people in need. They inspire us every day and make such an important contribution to the work of CHSS.

1,632 regular volunteers and 4,600 micro-volunteers delivered 150,000 hours of volunteering making an economic contribution of around £2 million pounds. We want to say a big heartfelt thank you to everyone who donated their time to support the cause.

During 2021/22 the course of the pandemic remained unpredictable. The volunteering team reacted at speed to external events such as changes to infection control, Health and Safety considerations and worked incredibly hard to engage, reassure and support volunteers during a difficult time.

We are growing our volunteering offer and deepening the involvement of volunteers within the decision-making structures of the charity. 25 new roles have been developed including opportunities to volunteers at CHSS working groups.



around

£2M

economic contribution
of our volunteers

RETAIL

Our retail team came together in the face of significant challenges this year to ensure the chain thrived – and produced exceptional results.

The continuation of necessary self-isolation rules led to staff and volunteer shortages. This affected our shop opening times with some shops required to close at short notice for days at a time. Infection control procedures continued to be in place to meet Scottish Government guidance and the team were fully focused on providing a safe and enjoyable customer experience.

Despite such challenges, the team generated income (including Business Support Grants to cover April closures) of over £4.5m and a direct surplus of £0.8m before contributing £500k to the apportioning of central overhead costs. This is the largest profit that the retail function has ever generated. The fact that it has generated it with fewer stores than before reinforces just how impressive the team's efforts have been this year.

There has been a real drive to focus on generating income, recruiting more volunteers and excellent cost control across the chain. In addition, we have embedded a culture of safeguarding and reviewed and improved Health and Safety processes and procedures to ensure compliance with Scottish Government and Health and Safety Legislation.

Our trading team also delivered income of £595k from the selling of Christmas cards, everyday cards and gifts, generating a surplus of £325k for the charity.

The team have also been busy developing new product ranges featuring specific areas of Scotland. The aim of the ranges, which include cotton bags, tea towels and coasters, is to allow people to express their pride in their local area through our products. They have been a real success. We are learning from the successes of this year to drive forward more trading next year and further develop our online offering.

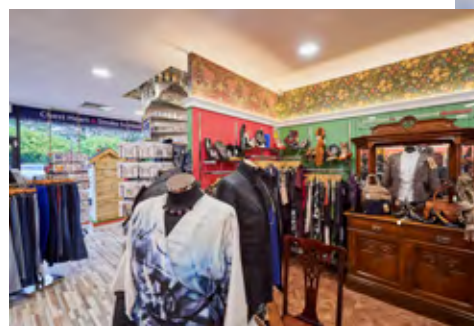
OUR RETAIL TEAM

generated income of over

£4.5M

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£0.8M



£595K

from the selling of
Christmas cards,
every day cards
and gifts



generating
a surplus of
£325K

PLANS FOR FUTURE PERIODS

The focus of this year has been to secure a sustainable footing in the new context created by Covid -19. Plans for the year ahead will focus on ensuring that we continue that stability with a view to grow over the coming years.

Key priorities include work to:

- Build our reputation as the charity of choice to support people in making the transition from diagnosis/event to supported self-management
- Become an integrated and where appropriate commissioned element of the wider health and care pathway for people in Scotland living with our conditions
- Offer an accredited prospectus to support the continued professional development of health and social care professionals working within the scope of our conditions
- Roll out key elements of the digital strategy. This includes a fully functioning CRM to better coordinate our services data. A new volunteer database and portal will also be developed to improve our internal processes such as onboarding, PVG and Disclosure checks. The system will also improve our ability to track impact and support volunteer engagement
- To review our longer-term fundraising strategy to ensure we bed in our work over the past two years and plan to build on it
- Review the 'double our income' target to be more meaningful post-pandemic and to link to service expansion
- A retail plan that focuses on improving return on investment (ROI), improving compliance, and new senior leadership in place
- To increase the number of roles for new volunteers and develop the involvement of existing volunteers
- Further work with NHS Boards and health and social care partners to develop our Hospital to Home services to meet the challenges they are facing. This will include work to expand the innovative Primary Care Digital Pathway beyond NHS Lothian
- Further deepen collaborative working practices that we have seen over the pandemic



A retail plan that focuses on improving

ROI

Expanding innovative Primary Care Digital Pathway beyond NHS Lothian



Further develop our Hospital to Home services

FINANCIAL REVIEW

The Consolidated Statement of Financial Activities for the year is set out on page 21 of the financial statements. The charity's annual budget, approved by the Trustees, planned to operate at a deficit of approximately £20k for the year to 31 March 2022. This was based on an expectation that normal post-Covid activity would resume. The Group's gross income from all sources was £10,888,749 (2021: £10,679,398) – an increase of 2%. Income from legacies was £3.2m, down £0.8m from 2020/21 but £700k above budget. Income from donations and gifts was £1.1m (2021: £1.5m) and income from fundraising events was still affected by Covid but twice the 2020/21 amounts at £141k (2021: £72k). Income from retail activities was £4.5m compared to the £1.4m in 2020/21 as shops reopened in May and with trading starting to return to pre-pandemic levels. £35k was received in relation to insurance claims for the business interruption in 2020 and we received around £260k in business support grants and £34k of furlough income for the closures in April 2021.

Investments had unrealised losses of £477k at the year-end (2021: £653k gain) this is due to the uncertainty in the economy, mainly driven by the war in Ukraine. The overall realised and unrealised gains on investments in the year amounted to a gain of £96k (2021: Gain of £732k)

The results for the year lead to a net positive movement in funds for the year of £1,075,065 (2021: £2,838,820). This surplus ensures we can continue to focus on our service delivery over the next three years.

Income generated from the charity's patient services from the National Health Service, Local Authorities and Scottish Government increased by 4% to £1,291,780 (2021: £1,238,647). This increase is due to continued direct funding from Scottish Government for our Long Covid Support Service and our Kindness Calls service.

Expenditure for the year for the group was £9,909,498 (2021: £8,573,057), an increase of 16%. This was due to increasing our spend as we returned to a more "normal" year of activity. Our spend on charitable activities increased during the year.

£
10,888,749

the Group's
GROSS INCOME
from all sources

INVESTMENT POLICY & RETURNS

In November 2012, the charity appointed Brewin Dolphin as investment managers. As permitted by the charity's Articles of Association, the Trustees have given the investment managers discretion to manage the portfolio within an agreed risk profile. It is the charity's policy specifically to avoid investment in the tobacco industry. An investment policy and presentation from Brewin Dolphin was held in June 2022 at the Finance Committee meeting. The investments held with Brewin Dolphin, as our investment managers, are constantly reviewed alongside performance and risk management. The decrease in unrealised value of the investment portfolio is in line with the global market performance of investments, following the impact of the war in Ukraine and economic uncertainties with rising costs.

RESERVES

The Trustees regularly review the charity's reserves and as part of the current strategic plan, have a defined reserves policy. This takes into account a range of factors, including the unpredictability of legacy income, the need to maintain a buffer against unforeseen reductions in service income, fundraising income and retail income, the unpredictability of changes in markets on the investment portfolio and significant unforeseen costs of meeting certain legal obligations and commitments.

The objectives of the charity's reserves policy are:

- To enable maximum use of donated funds for charitable purposes
- To ensure continuity of operations in the event of large variations in income
- To cover specific liabilities and identifiable risks
- To enable CHSS to respond to unexpected opportunities for service development
- To generate income to support charitable activities

The target level of reserves as approved by the Trustees as part of the charity's reserves policy is £5.5 million. As at 31 March 2022, the level of reserves under the policy (defined as total funds less the net book value of tangible fixed assets (see Note 10) and restricted reserves (see Note 17) stood at £9.9 million. The charity is therefore operating well above the parameters of its approved reserves policy. We deem a high level of reserves to be appropriate given the economic uncertainty and have plans to invest our surplus to bring down reserves. Details of restricted funds are given in Note 17 to the financial statements.

GOING CONCERN

Through review of detailed budgets and three-year forecasts prepared by management, the Directors, through the charity's Finance Committee, have reviewed the charity's financial position and have concluded that there are sufficient resources to manage any operational or financial risks, so it is reasonable to expect that the charity will continue in operational existence for the foreseeable future. Cash flow is strong and performance against budget is reviewed monthly. The reserves are strong with the ability to meet more than twelve months of operating costs. The Directors consider it appropriate that the financial statements have been prepared on a going concern basis and are satisfied that confirmed funding and existing reserves provides reasonable assurance that the charity can continue to operate for at least twelve months from the approval of these financial statements.

PRINCIPAL RISKS & UNCERTAINTIES

The Charity operates a formal risk management process to assess business risks and implement risk management strategies. This involves identifying the types of risks the Charity faces, prioritising them in terms of potential impact and likelihood of occurrence, and identifying means of mitigating the risks.

The major strategic risks facing the charity are:

- Economic slow-down or a recession impacting on our income
- Demand for our services increasing due to the link between poor health and economic deprivation
- New waves of Covid leading to further restrictions
- A widescale data breach
- Challenges in achieving data sharing agreements with NHS Boards, leading to restricted access to our services
- Continuation of the challenging recruitment market being experienced across sectors

To mitigate these risks the charity has in place:

- Covid risk management plan
- A fundraising approach that has been amended to take account of the context of Covid and continuing to emphasise a diversity of income streams. A refreshed income generation and influencing strategy is to be produced in 2022/23 considering future challenges and risks
- PR strategy and reputational damage response plans.
- Business continuity measures
- Robust Health and Safety management system with external assurance.
- Regular data security checks and staff training to avoid breaches
- Close partnership working with NHS Boards to integrate with their data systems and working with partners to find innovative solutions
- Processes for monitoring market shifts in recruitment and benchmarking salary and benefits

The Board is satisfied that:

- The major risks to which the charity is exposed have been identified
- Suitable action has been taken to mitigate these risks where possible
- Responsibility for ongoing risk management is delegated to the Audit and Risk Committee, with an annual report to the Board



MANAGEMENT REMUNERATION POLICIES, PROCEDURES & PRACTICES

Senior Management staff remuneration is set by the Chief Executive and the governance around this is assured by the Nominations & Remuneration Committee (NRC). The NRC considers pay principles in relation to the remuneration for the Chief Executive and also reviews the pay decisions made at levels below the Chief Executive level from a governance perspective.

The remuneration is benchmarked against fundraising, charity retail and NHS and uses indexes on good moves for sector comparatives.

At 31 March 2022, the charity considered Key Senior Management to be the following:

Chief Executive:
Jane-Claire Judson

Director of People Driven Development
Paul Okroj

Director of Finance and ICT
Rachel Ducker

Director of Service Delivery
Allan Cowie

Director of Communications and Fundraising
Lawrence Cowan

Assistant Director of Fundraising
Gillian Green

Details of total key management remuneration and benefits are included in Note 7.

STRUCTURE, GOVERNANCE, & MANAGEMENT

Chest Heart & Stroke Scotland is a charitable company limited by guarantee and a registered charity. It was set up in its current iteration on 24 December 1990. Chest Heart & Stroke Scotland is governed by its Articles of Association. It is a registered Scottish Company (Scottish Company Number SC129114) and registered with the Office of the Scottish Charity Regulator (OSCR) (Scottish Charity Number SC018761).

The Charity is governed by a Board of Trustees drawn from throughout Scotland, and from a range of backgrounds. The Chair of the Board of Trustees is Jim Gibson. The Chief Executive is Jane-Claire Judson. The Chief Executive is supported by the Executive Support Officer, who provides secretariat duties to the Board, sub-committees and their chairs.

The registered office, which is the principal office of the Charity, is detailed on Page 1.

The legal and administrative information on pages 1 and 2 form part of the Trustees' Report.

This year, the Charity updated its Articles of Association. These minor wording changes were agreed by a meeting of Trustees and OSCR.

BOARD OF TRUSTEES

The Trustees, who are also Directors under company law are elected by members of the charity at the Annual General Meeting (AGM). New Trustees are recommended for appointment by the Board by the NRC, after an open application process. The charity's Articles of Association state that Trustees are elected for a period of three years, with the possibility of being re-elected for a further two terms (a maximum of nine years), and that one third of the Trustees will come up for re-election or retirement each year at the AGM. A Trustee who has served for three consecutive terms must take a break from office, unless otherwise determined by a resolution of the Trustees. In order to ensure that the Board of Trustees has the necessary spread of skills, Trustees will take account of any gaps in skills when appointing new Trustees.

All new Trustees will receive induction, including governing documents and policies, Board and sub-committee Terms of Reference, the latest Annual Report, strategy documents and the latest financial statements.

The Board of Trustees delegates certain powers to a number of sub-committees to ensure proper governance. These committees are the Audit and Risk Committee, Finance Committee, NRC and Staff Governance Committee. The Board is also advised by the Impact Advisory Panel and the Volunteer Strategy Group.

The Board and its sub-committees meet regularly during the year. This helps Trustees and Executive Team to examine the charity's strategic direction in more depth.

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also Directors of Company law requires the Trustees Chest Heart & Stroke Scotland for the to prepare financial statements for purposes of company law) are responsible each financial year, which give a true for preparing the Trustees' Annual Report (and fair view of the state of affairs of including the Strategic Report) and the the charitable company and of the financial statements in accordance with incoming resources and application of applicable law and United Kingdom resources, including the income and Accounting Standards (United Kingdom expenditure, of the charitable company Generally Accepted Accounting Practice). In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP (FRS 102) (second edition – October 2019)
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to the auditor.

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees report, including the Strategic Report was approved by the Board of Trustees and signed on its behalf by:



J Gibson 24/11/2022

ACCOUNTS

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS AND TRUSTEES OF CHEST HEART & STROKE SCOTLAND

OPINION

We have audited the financial statements of Chest Heart & Stroke Scotland ("the Parent Charitable Company") and its subsidiaries ("the Group") for the year ended 31 March 2022 which comprise the consolidated statement of financial activities, charitable company statement of financial activities, consolidated and charity balance sheets, consolidated and charity statements of cash flow and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Group's and of the Parent Charitable Company's affairs as at 31 March 2022 and of the Group's incoming resources and application of resources and the Parent Charitable Company's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006, as amended in 2010.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Group and the Parent Charitable Company in accordance with the ethical requirements relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATED TO GOING CONCERN

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the directors' report, other than the financial statements and our auditor's report thereon. The directors are responsible for the other information contained within the directors' report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINIONS ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Directors' Report and the Strategic report prepared for the purposes of Company Law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic report and the Directors' Report, which are included in the Trustees' Report, have been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of the knowledge and understanding of the Group and the Parent Charitable Company and its environment obtained in the course of the audit, we have not identified material misstatement in the Strategic report or the Trustee's report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- proper and adequate accounting records have not been kept by the Parent Charitable Company, or returns adequate for our audit have not been received from branches not visited by us; or
- the Parent Charitable Company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS AND TRUSTEES OF CHEST HEART & STROKE SCOTLAND

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the statement of trustees' responsibilities, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Group's and the Parent Charitable Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Group or the Parent Charitable Company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report to you in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charity and the sector in which it operates and considered the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud. This included but was not limited to the Charities and Trustee Investment (Scotland) Act 2005, and The Charities Accounts (Scotland) Regulations 2006.

We focused on laws and regulations that could give rise to a material misstatement in the charity's financial statements. Our tests included, but were not limited to:

- agreement of the financial statement disclosures to underlying supporting documentation;
- enquiries of the directors and key management personnel;
- review of minutes of board meetings throughout the period;
- review of legal correspondence or invoices, and
- obtaining an understanding of the control environment in monitoring compliance with laws and regulations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located at the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the Charitable Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the Charitable Company's trustees, as a body, in accordance with the Charities and Trustee Investment (Scotland) Act 2005. Our audit work has been undertaken so that we might state to the Charitable Company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company, the Charitable Company's members as a body and the Charitable Company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

signed by



Jeremy Chittleburgh CA (Senior Statutory Auditor)
For and on behalf of: Chiene and Tait LLP,
Chartered Accountant and Statutory Auditor, 61
Dublin Street, Edinburgh, EH3 6NL

7 December 2022

SOFA GROUP - CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2022		2022			2021		
		Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	Note	£	£	£	£	£	£
INCOME							
DONATIONS AND LEGACIES:							
Legacies		3,130,386	26,239	3,156,625	3,956,121	167	3,956,288
Donations and gifts		984,325	132,872	1,117,197	1,370,129	135,394	1,505,523
INCOME FROM OTHER TRADING ACTIVITIES:							
Retail sales of donated goods and new products		4,474,919	-	4,474,919	1,417,350	-	1,417,350
Fundraising events		141,462	-	141,462	72,348	-	72,348
INCOME FROM CHARITABLE ACTIVITIES:							
Grants receivable	3	-	1,291,780	1,291,780	-	1,238,647	1,238,647
INVESTMENT INCOME	4	97,503	-	97,503	86,923	-	86,923
OTHER INCOME:							
Insurance	5	197,764	-	197,764	519,983	-	519,983
Other Grant income	5	308,410	-	308,410	1,882,336	-	1,882,336
Landlord contributions to fit out costs		12,379	-	12,379	-	-	-
Gain on sale of fixed assets		90,710	-	90,710	-	-	-
TOTAL INCOME		9,437,858	1,450,891	10,888,749	9,305,190	1,374,208	10,679,398
EXPENDITURE							
EXPENDITURE ON RAISING FUNDS:							
Fundraising		761,120	-	761,120	922,270	-	922,270
Retail costs		4,177,237	120,000	4,297,237	4,015,848	15,000	4,030,848
		4,938,357	120,000	5,058,357	4,938,118	15,000	4,953,118
EXPENDITURE ON CHARITABLE ACTIVITIES:							
Service Delivery		1,554,703	1,708,339	3,263,042	1,247,599	1,127,771	2,375,370
Service Development		808,650	-	808,650	446,698	-	242,531
Volunteering		169,251	-	169,251	242,531	-	555,339
Influencing public policy		610,198	-	610,198	555,339	-	543,076
		3,142,802	1,708,339	4,851,141	2,492,167	1,127,771	3,691,938
TOTAL EXPENDITURE	6	8,081,159	1,828,339	9,909,498	7,430,286	1,142,771	8,573,057
NET INCOME/ (EXPENDITURE) BEFORE INVESTMENT GAINS & LOSSES		1,356,699	(377,448)	979,251	1,874,904	231,437	2,106,341
OTHER GAINS AND (LOSSES):							
Realised - (losses)/ gains on investments		572,904	-	572,904	79,707	-	79,707
Unrealised - (losses)/ gains on investments	11a	(477,090)	-	(477,090)	652,771	-	652,771
NET INCOME/ (EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR		1,452,513	(377,448)	1,075,065	2,607,382	231,437	2,838,819
RECONCILIATION OF FUNDS:							
Total funds brought forward		9,752,739	459,972	10,212,711	7,145,357	228,535	7,373,892
TOTAL FUNDS CARRIED FORWARD	17/18	11,205,252	82,524	11,287,776	9,752,739	459,972	10,212,711

The Statement of Financial Activities includes all gains and losses. All amounts relate to continuing activities. The notes on pages 25 to 41 form part of these financial statements.

SOFA CHARITY - CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
CHARITABLE COMPANY STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2022		2022			2021		
		Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	Note	£	£	£	£	£	£
INCOME							
DONATIONS AND LEGACIES:							
Legacies		3,130,386	26,239	3,156,625	3,956,121	167	3,956,288
Donations and gifts		1,309,330	132,872	1,442,202	1,487,813	135,394	1,623,207
INCOME FROM OTHER TRADING ACTIVITIES:							
Retail sales of donated goods		3,918,440	-	3,918,440	1,125,215	-	1,125,215
Fundraising events		141,462	-	141,462	72,348	-	72,348
INCOME FROM CHARITABLE ACTIVITIES:							
Grants receivable	3		1,291,780	1,291,780	-	1,238,647	1,238,647
INVESTMENT INCOME							
	4	97,497	-	97,497	86,875	-	86,875
OTHER INCOME:							
Insurance	5	197,764	-	197,764	519,983	-	519,983
Other Grant income	5	308,410	-	308,410	1,882,336	-	1,882,336
Landlord contributions to fit out costs		12,379	-	12,379	-	-	-
Gain on sale of fixed assets		90,710	-	90,710	-	-	-
TOTAL INCOME		9,206,378	1,450,891	10,657,269	9,130,691	1,374,208	10,504,899
EXPENDITURE							
EXPENDITURE ON RAISING FUNDS:							
Fundraising		761,120	-	761,120	922,270	-	922,270
Retail costs		3,945,757	120,000	4,065,757	3,841,349	15,000	3,856,349
		4,706,877	120,000	4,826,877	4,763,619	15,000	4,778,619
EXPENDITURE ON CHARITABLE ACTIVITIES:							
Service Delivery		1,554,703	1,708,339	3,263,042	1,247,599	1,127,771	2,375,370
Service Development		808,650	-	808,650	446,698	-	446,698
Volunteering		169,251	-	169,251	242,532	-	242,532
Influencing public policy		610,198	-	610,198	555,338	-	555,338
		3,142,802	1,708,339	4,851,141	2,492,167	1,127,771	3,619,938
TOTAL EXPENDITURE	6a	7,849,679	1,828,339	9,678,018	7,255,786	1,142,771	8,398,557
NET INCOME/ (EXPENDITURE) BEFORE INVESTMENT GAINS & LOSSES		1,356,699	(377,448)	979,251	1,874,905	231,437	2,106,342
OTHER GAINS AND (LOSSES):							
Realised - (losses)/ gains on investments		572,904	-	572,904	79,707	-	79,707
Unrealised - (losses)/ gains on investments	11a	(477,090)	-	(477,090)	652,771	-	652,771
NET INCOME/ (EXPENDITURE) AND NET MOVEMENT IN FUNDS FOR THE YEAR		1,452,513	(377,448)	1,075,065	2,607,383	231,437	2,838,820
RECONCILIATION OF FUNDS:							
Total funds brought forward		9,750,766	459,972	10,210,738	7,143,383	228,535	7,371,918
TOTAL FUNDS CARRIED FORWARD	17/18	11,203,279	82,524	11,285,803	9,750,766	459,972	10,210,738

The Statement of Financial Activities includes all gains and losses. All amounts relate to continuing activities. The notes on pages 25 to 41 form part of these financial statements.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
CONSOLIDATED AND CHARITY BALANCE SHEETS AS AT 31 MARCH 2022

Charity Number: SC018761

FIXED ASSETS	Note	GROUP		CHARITY	
		2022	2021	2022	2021
		£	£	£	£
Tangible fixed assets	10	1,239,064	1,255,466	1,239,064	1,255,466
Investments	11	6,399,541	4,187,525	6,599,441	4,387,425
Total Fixed Assets		7,638,605	5,442,991	7,838,505	5,642,891
CURRENT ASSETS					
Stocks	12	66,092	92,651	-	-
Debtors	13	2,446,726	3,331,312	2,444,936	3,331,312
Cash at bank and in hand		2,658,741	2,924,152	2,565,661	2,823,473
Total Current Assets		5,171,559	6,348,115	5,010,597	6,154,785
CREDITORS : amounts falling due within one year					
Research grants	14	188,885	74,576	188,885	74,576
Other creditors	15/16	1,333,503	1,323,365	1,374,414	1,331,908
Creditors		1,522,388	1,397,941	1,563,299	1,406,484
NET CURRENT ASSETS		3,649,171	4,950,174	3,447,298	4,748,301
TOTAL ASSETS LESS CURRENT LIABILITIES		11,287,776	10,393,165	11,285,803	10,391,192
CREDITORS : amounts falling due after more than one year					
Research grants		-	180,454	-	180,454
Accruals		-	-	-	-
NET ASSETS		11,287,776	10,212,711	11,285,803	10,210,738
THE FUNDS OF THE CHARITY:					
Restricted funds	17	82,524	459,972	82,524	459,972
Unrestricted funds	18	11,205,252	9,752,739	11,203,279	9,750,766
TOTAL FUNDS		11,287,776	10,212,711	11,285,803	10,210,738

The financial statements were approved and authorised for issue
by the Board on 24/11/2022

J James Gibson Director

The notes on pages 25 to 41 form part of these financial statements.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
CONSOLIDATED AND CHARITY STATEMENTS OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	GROUP		CHARITY	
	2022	2021	2022	2021
	£	£	£	£
Net income	1,075,065	2,838,819	1,075,065	2,838,820
Profit on sale of tangible fixed assets	(90,710)	-	(90,710)	-
Realised (Profit) Loss on sale of listed investments	(572,904)	(79,707)	(572,904)	(79,707)
Unrealised (Profit) Loss on listed investments	477,090	(652,771)	477,090	(652,771)
Investment income	(97,503)	(86,923)	(97,497)	(86,875)
Depreciation	241,226	434,285	241,226	434,285
Decrease/(Increase) in stock	26,559	16,126	-	-
(Increase) Decrease in debtors	884,586	(2,278,284)	886,375	(1,945,450)
Decrease in creditors	(56,007)	221,660	(23,638)	259,175
Cash generated by operating activities	1,887,402	413,205	1,895,007	767,477
Cash flows from investing activities				
Dividend income	97,147	85,786	97,147	85,786
Interest income	356	1,137	350	1,089
Purchase of tangible fixed assets	(268,709)	(11,834)	(268,709)	(11,834)
Proceeds from sale of tangible fixed assets	134,595	-	134,595	-
Purchase of investments	(3,990,982)	(389,411)	(3,990,982)	(389,411)
Proceeds from sale of investments	1,350,431	1,476,429	1,350,431	1,476,429
Cash (used in) provided by investing activities	(2,677,162)	1,162,107	(2,677,168)	1,162,059
(Decrease) Increase in cash and cash equivalents in the year	(789,760)	1,575,312	(782,161)	1,929,536
Total cash and cash equivalents at the beginning of the year	3,517,218	1,941,906	3,416,539	1,487,003
Total cash and cash equivalents at the end of the year	2,727,458	3,517,218	2,634,378	3,416,539
Analysis of cash and cash equivalents				
Cash in hand	8,914	8,914	8,914	8,914
Notice Deposits (less than 3 months)	2,649,827	2,915,238	2,556,747	2,814,559
Cash held within investments	68,717	593,066	68,717	593,066
Total cash and cash equivalents	2,727,458	3,517,218	2,634,378	3,416,539

	2021	CASH FLOWS	2022
	£	£	£
Analysis of changes in net debt Group			
Cash and cash equivalents	3,517,218	(789,759)	2,727,459
Cash at bank and in hand	3,517,218	(789,759)	2,727,459
Analysis of changes in net debt Charity			
Cash and cash equivalents	3,416,539	(782,161)	2,634,378
Cash at bank and in hand	3,416,539	(782,161)	2,634,378

The notes on pages 25 to 41 form part of these financial statements.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

General information

Chest Heart & Stroke Scotland Ltd is a charity limited by guarantee incorporated in Scotland, UK, with Company Number SC129114. The address of the registered office and principal address is given on the legal and administration information on page 1 and the nature of the Charity's operations and its principal activities are set out in the Report of the Trustees.

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities as amended by Update Bulletin 1; the Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2015) and the Companies Act 2006. Chest Heart & Stroke Scotland Ltd meets the definition of a public benefit entity under FRS 102. The Charity's functional and presentational currency is GBP. These financial statements have been rounded to the nearest £1.

Accounting convention

The financial statements are prepared under the historical cost convention, as modified by the revaluation of investment assets. The preparation of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires the Directors to exercise judgement in applying the charity's accounting policies, as shown in Note 1a below.

Going concern

Through review of detailed budgets and five year forecasts prepared by management, The Directors, through the Charity's Finance and Audit Committee have reviewed the Charity's financial position and have concluded that there are sufficient resources to manage any operational or financial risks, so it is reasonable to expect that the Charity will continue in operational existence for the foreseeable future.

The cash reserves of the charity can meet all obligations.

Therefore, these financial statements have been prepared on a going concern basis.

Basis of consolidation

Consolidated financial statements have been prepared in respect of the charitable company ('the Charity') and its wholly owned subsidiary undertaking, CHSA Trading Limited. The results of the subsidiary are consolidated on a line by line basis. A summary of the trading results of the subsidiary is included at note 10 b) to the financial statements.

Donations and legacies

Income received by way of donations and gifts to the Charity are included in full in the Statement of Financial Activities when receivable. Gifts donated for resale are included as income when they are sold. Donations and legacies are included when they meet the Charities SORP (FRS 102) tests of probability, entitlement and measurement.

Grants receivable

Grants receivable are recognised as income when the conditions for their receipt have been satisfied. Grants received for specific purposes are accounted for as restricted funds. Any grants restricted to future accounting periods are deferred, and recognised in the periods to which they relate.

Dividends

Dividends are accounted for on an accruals basis.

Redundancy and termination of employment

Termination and redundancy costs are accrued by the Charity when there is a constructive obligation to pay them. This is normally through a contractual, legislative or other agreement with employees.

Expenditure

Expenditure is accounted for on an accruals basis and allocated to the appropriate heading in the financial statements. Expenditure of raising funds include the costs incurred in generating donations and legacies, retail trading costs, fundraising event costs, investment management costs and publicity costs. These costs are regarded as necessary to generate funds that are needed to finance charitable activities. Charitable activities expenditure enables CHSS to meet its charitable aims and objectives. Governance costs are associated with the governance arrangements of the charity, and relate to the general running of the Charity at a strategic level. These costs include preparation of the annual report, audit, professional fees including legal advice for the Trustees and costs associated with meeting constitutional and statutory requirements such as the cost of Trustee meetings. Support

costs are those costs which enable fund generating and charitable activities to be undertaken. These costs include finance, HR, and ICT. Where expenditure incurred relates to more than one cost category, it is apportioned. The method of apportionment uses the most appropriate basis in each case e.g. full time equivalent employee numbers for each department.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset over its expected useful life. Land is not depreciated.

Depreciation is provided at the following rates:

Buildings	2% straight line
Office equipment and computers	33.33% straight line
Motor vehicles	25% straight line
Fixtures & fitout costs	Over the remaining period of the lease
Assets in the course of construction	Nil (until brought into use)

No items costing less than £1,000 are capitalised.

Pension costs

The group operates a defined contribution scheme for eligible employees. The assets of the scheme are held separately from those of the group. A charge is made to expenditure in the period in which contributions become payable.

Research grants payable

Research grants are charged to the statement of financial activities in the year in which the award is made by the charity. The unspent balances of grants awarded are disclosed as current or deferred liabilities in the balance sheet, depending upon when the grant is expected to be disbursed.

Leasing contracts

Instalments on operating lease contracts are charged to the statement of financial activities when payable. There are no finance lease contracts.

Lease incentives are spread over the term of the lease in accordance with the Charities SORP (FRS 102).

Stocks

Stocks are valued at the lower of cost and net realisable value. Provision is made for slow-moving or obsolete stock items.

Donated stocks are not included because it is impractical to measure the fair value of goods donated and the costs of valuation would outweigh the benefit to users of the financial statements and to the charity.

Investments

Investments are stated at the bid market ruling at the balance sheet date. Realised and unrealised gains and losses are reflected in the Statement of Financial Activities, and taken to unrestricted funds. The Charity avoids investments in tobacco companies.

Restricted funds

Restricted funds are to be used for specified purposes as laid down, implicitly or explicitly, by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of overhead and support costs.

Financial instruments

Under FRS 102, financial assets and financial liabilities are given the term 'financial instruments'. The Charity only holds basic financial instruments and details are given in note 22 to these financial statements.

Unrestricted funds

Unrestricted funds comprise donations and other incoming resources received or generated for charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank, cash on deposit where funds can be accessed without penalty within three months or less from the opening of the account and cash held with the investment manager.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1. JUDGEMENTS IN APPLYING ACCOUNTING POLICIES AND KEY SOURCES OF ESTIMATION UNCERTAINTY

In preparing these financial statements, the directors have made the following judgements:

- Determine whether there are indicators of impairment of the group's retail improvements through an annual review of each retail shop's performance.
- Determine whether legacy income recognised in the financial statements meets the requirements of Charities SORP FRS 102 on the basis of evidence of entitlement, probability of receipt and reliability of measurement.
- Determine whether or not it is impractical to measure donated goods for sale at fair value on receipt. The Directors consider it is not practical to include a measure of fair value.
- Determine the ageing of research grants between those amounts payable in less than one year and those payable in more than one year. This is done with reference to the grant document which states the period over which the grant is awarded.

Other key sources of estimation uncertainty are as follows:

- Tangible Fixed Assets (see Note 10)

Tangible fixed assets are depreciated over their useful lives taking into account residual values, where applicable. For retail improvements, useful lives are determined in line with the associated lease term. For other tangible assets, useful lives are determined through reference to the length of time each individual class of asset is expected to be used by the Charity.

2. STATUS OF THE COMPANY

Chest Heart & Stroke Scotland Ltd is a registered charity (no. SC018761) and a company limited by guarantee (no. SC129114) of its members and does not have a share capital. Each member has undertaken to contribute one pound towards any deficit arising in the event of the company being wound up.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

3. GRANTS RECEIVABLE

Group and Charity - Year ended 31 March 2022	Deferred Income 2021	Amount Received 2022	Deferred Income 2022	Income 2022
Grants receivable from Health Boards, NHS Trusts and Local Authorities	461,880	657,380	-	1,119,260
Scottish Executive Health Directorate	60,020	150,000	(37,500)	172,520
	521,900	807,380	(37,500)	1,291,780

Group and Charity - Year ended 31 March 2021	Deferred Income 2020 £	Amount Received 2021 £	Deferred Income 2021 £	Income 2021 £
Grants receivable from Health Boards, NHS Trusts and Local Authorities	50,539	1,324,445	(461,880)	913,104
Scottish Executive Health Directorate	-	385,563	(60,020)	325,543
	50,539	1,710,008	(521,900)	1,238,647

4. INVESTMENT INCOME

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Income from Quoted Securities	97,147	85,786	97,147	85,786
Bank interest	356	1,137	350	1,089
	97,503	86,923	97,497	86,875

5. OTHER INCOME

Grant Income	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Coronavirus Job Retention Scheme	34,373	893,907	34,373	893,907
Business Rates Relief Grants	258,000	988,429	258,000	988,429
Other Income	16,037		16,037	
	308,410	1,882,336	308,410	1,882,336

Insurance Income

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Insurance Claim Income	197,764	519,983	197,764	519,983
	197,764	519,983	197,764	519,983

An amount of £35,000 (2021 £480,483) was received for business interruption and is included within insurance income.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

6. ANALYSIS OF TOTAL EXPENDITURE - GROUP

	Staff costs £	Other costs £	Overhead costs £	Total 2022 £	Total 2021 £
Expenditure on raising funds					
Fundraising	298,465	240,566	222,089	761,120	919,634
Retail costs	1,434,912	2,360,250	502,075	4,297,237	4,215,984
	1,733,377	2,600,816	724,164	5,058,357	5,135,618
Expenditure on charitable activities					
Service Delivery	1,818,446	678,551	766,045	3,263,042	2,855,434
Service Development	419,864	213,083	175,703	808,650	24,419
Volunteering	93,806	7,491	67,954	169,251	14,510
Influencing public policy	368,654	102,300	139,244	610,198	543,076
	2,700,770	1,001,425	1,148,946	4,851,141	3,437,439
Total Expenditure	4,434,147	3,602,241	1,873,110	9,909,498	8,573,057

See Disclosure note group

Support costs by activity

	Staff costs £	Other costs £	Overhead costs £	Total 2022 £	Total 2021 £
Expenditure on raising funds					
Fundraising	99,089	20,677	102,322	222,089	178,390
Retail costs	502,075	-	-	502,075	535,594
	601,164	20,677	102,322	724,164	713,984
Expenditure on charitable activities					
Service Delivery	341,787	71,321	352,937	766,045	664,567
Service Development	78,394	16,358	80,951	175,703	17,962
Volunteering	30,319	6,327	31,308	67,954	0
Influencing public policy	62,126	12,964	64,154	139,244	136,274
	512,626	106,970	529,350	1,148,946	818,803
					0
Total Expenditure	1,113,790	127,647	631,673	1,873,110	1,532,787

Support costs consist of expenditure for Finance, ICT, HR, Safeguarding, Office and Facilities and Health and Safety that are allocated to expenditure activities based on average full time equivalents. Staff cost allocation are based on FTE across all departments, Other costs and Overhead costs are based on FTE excluding retail as retail costs are directly charged. Support costs by activity above, within the Overhead costs are governance costs of £24,345 (2021:£22,340)

Expenditure note has been amended to better reflect the types of expenditure on charitable activities. 2021 has been re-represented to reflect the same types of expenditure as 2022.

Governance costs are made up as follows:

	2022 £	2021 £
Trustees expenses	-	200
Audit	18,095	17,115
Trustees meetings	-	-
Professional Fees	6,250	5,025
Corporate Govt costs	-	-
	24,345	22,340

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

6a. ANALYSIS OF TOTAL EXPENDITURE

- CHARITY ONLY

	Staff costs £	Other costs £	Overhead costs £	Total 2022 £	Total 2021 £	Governance costs are made up as follows:	2022 £	2021 £
Expenditure on raising funds								
Fundraising	298,465	240,566	222,089	761,120	922,270	Annual report/	-	-
Retail costs	1,405,972	2,157,710	502,075	4,065,757	3,856,349	Strategic plan		
	1,704,437	2,398,276	724,164	4,826,877	4,778,619	Trustees expenses	-	200
						Audit	13,295	13,475
Expenditure on charitable activities						Trustees meetings	-	-
Service Delivery	1,818,446	678,551	766,045	3,263,042	2,375,370	Professional Fees	6,250	5,025
Service Development	419,864	213,083	175,703	808,650	446,698		19,545	18,700
Volunteering	93,806	7,491	67,954	169,251	242,532			
Influencing public policy	368,654	102,299	139,244	610,198	555,338			
	2,700,770	1,001,425	1,148,946	4,851,141	3,619,938			
Total Expenditure	4,405,207	3,399,701	1,873,110	9,678,018	8,398,557			
Support costs by activity								
						See Disclosure note group		
	Staff costs £	Other costs £	Overhead costs £	Total 2022 £	Total 2021 £			
Expenditure on raising funds								
Fundraising	99,089	20,677	102,323	222,089	185,397			
Retail costs	502,075	-	-	502,075	423,203			
	601,164	20,677	102,322	724,164	608,600			
Expenditure on charitable activities								
Service Delivery	341,787	71,321	352,937	766,045	639,483			
Service Development	78,394	16,358	80,951	175,703	146,675			
Volunteering	30,319	6,327	31,308	67,954	56,727			
Influencing public policy	62,126	12,964	64,154	139,244	116,239			
	512,626	106,970	529,350	1,148,946	959,124			
Total Expenditure	1,113,790	127,647	631,673	1,873,110	1,567,724			

Support costs consist of expenditure for Finance, ICT, HR, Safeguarding, Office and Facilities and Health and Safety that are allocated to expenditure activities based on average full time equivalents. Staff cost allocation are based on FTE across all departments, Other costs and Overhead costs are based on FTE excluding retail as retail costs are directly charged. Support costs by activity above, within the Overhead costs are governance costs of £19,545 (2021:£18,700)

Expenditure note has been amended to better reflect the types of expenditure on charitable activities. 2021 has been re-represented to reflect the same types of expenditure as 2022.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

7. ANALYSIS OF STAFF COSTS
- GROUP AND CHARITY

Staff costs	Total 2022 £	Total 2021 £
Wages and salaries	4,856,997	4,382,971
Social security costs	421,624	372,425
Pension costs	169,458	182,828
Redundancy and Termination payments	99,856	298,783
	5,547,935	5,237,007

The average number of employees by head count during the year for the Group and Charity, analysed by function, was:

	2022 No	2021 No
Charitable activities	80	64
Retail	97	104
Fundraising and Influencing public policy	24	26
Management and administration of the charity	35	31
	236	225

Employees receiving salaries, plus benefits in kind, of more than £60,000 were in the following bands:

	2022 No	2021 No
Between £60,001 - £70,000	4	1
Between £70,001 - £80,000	0	0
Between £80,001 - £90,000	1	0

The employees earning more than £60,000 above participated in the defined contribution pension scheme and employer contributions in the year were £13,570 (2021: £3,840).

The key management personnel of the parent charity now comprises the Trustees, the Chief Executive, Director of Finance & ICT Director of Service Delivery, Director of Communications and Fundraising, Director of People Driven Development and Assistant Director of Fundraising.

The Director of Retail role was undertaken jointly by the Director of Finance and ICT and the Director of People Driven Development. Driven Development.

The total employee benefits of the key management personnel of the Charity were £471,830. (2021: £455,227).

The key management personnel of the group comprise those of the Charity and the key personnel of its wholly owned subsidiary, CHSA Trading Ltd. CHSA Trading Ltd does not have any employees (except for the unpaid Directors of the Company) and so the key management personnel of this subsidiary company are the unpaid Board members of this subsidiary

company and the Director of Finance and ICT and the Director of People Driven Development (who are also employees of the parent charity).

Accordingly, the total employee benefits of key management personnel for the group was therefore £471,830. (2021: £455,227)

No Trustee received any remuneration from the charity, a total of £0 was reimbursed (2021: £0) to Trustees for expenses incurred on behalf of the charity in relation to attending meetings.

Since 1992 the charity has purchased insurance to protect it from any loss arising from the neglect or default of its Trustees or other officers and to indemnify the Trustees or other officers against the consequences of any neglect or default on their part. The insurance premium paid by the charity during the year was £3,848 (2021: £2,234) and provides cover up to a maximum of £2 million in any one year.

8. ANALYSIS OF NET INCOME/ EXPENDITURE FOR THE YEAR

	2022 £	2021 £
Total expenditure also includes:		
Depreciation: owned fixed assets	241,226	434,285
Operating leases	902,796	1,090,897
Auditor's remuneration (including fees and expenses) - Chiene + Tait LLP	15,300	14,175
Auditor's remuneration (in respect of other services provided) - Chiene + Tait LLP	8,545	975

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

9. TAXATION

The company, being a charity, is eligible for exemption from tax under Section 505 Income and Corporation Taxes Act 1988.

Corporation tax payable by CHSA Trading Limited, the Charity's Trading Subsidiary, after payment of a distribution under gift aid of £325,005 (2021: £117,684) for the year ended 31 March 2022 amounted to £Nil (2021: £Nil).

10. TANGIBLE FIXED ASSETS

Group & Charity

	Freehold Land & Buildings £	Office Equipment & Computers £	Fixtures & Fit outs £	Motor Vehicles £	Total £
Cost					
At 1 April 2021	125,707	248,380	2,010,839	93,099	2,478,025
Additions	-	6,060	262,649	-	268,709
Disposals	(125,707)	-	-	(21,221)	(146,928)
At 31 March 2022	-	254,440	2,273,488	71,878	2,599,806
Depreciation					
At 1 April 2021	79,727	206,689	843,044	93,099	1,222,559
Charge for the year	2,095	28,207	210,924	-	241,226
Disposals	(81,822)	-	-	(21,221)	(103,043)
At 31 March 2022	-	234,896	1,053,968	71,878	1,360,742
Net book value					
At 31 March 2022	-	19,544	1,219,520	-	1,239,064
At 31 March 2021	45,980	41,691	1,167,795	-	1,255,466

We fully disposed of our two owned buildings in 2021/22 - Inverness office and Glasgow South Shop.

The opening balance on accumulated depreciation does not agree to the prior year signed accounts as we have reclassified the categories in fixed assets. In the prior year the amounts relating to the fit out of Head office were show under "Office Equipment and Computers" as the other category was "Retail improvements". We have since renamed this "Fixtures and Fitouts" and moved the amount relating to Head office fixtures and fitouts from "Office Equipment and Computers" to "Fixtures and Fit outs"

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

11. INVESTMENTS

a) Quoted Investments	2022	2021
	£	£
Market value at 1 April	3,594,459	3,948,999
Less : Disposals at opening book value	(777,527)	(1,396,722)
Add: Acquisitions at cost	3,990,982	389,411
Net unrealised investment (loss)/ gain for the year	(477,090)	652,771
Market value at 31 March	6,330,824	3,594,459
Cash deposits held for investment	68,717	593,066
	6,399,541	4,187,525
Historical cost at 31 March	5,937,105	2,723,650

The portfolio is split as follows:

	2022		2021	
	£	%	£	%
UK Equity based investments	1,531,789	24%	935,377	22%
Overseas Equity based investments	3,887,233	61%	2,098,187	50%
UK Fixed Interest based investments	349,616	5%	367,290	9%
Overseas Interest based investments	562,186	9%	193,605	5%
Short term deposits	68,717	1%	593,066	14%
	6,399,541	100%	4,187,525	100%

As at 31 March 2022, the following individual holdings represented over 5% of total market value:

	Market Value at 31 March 2022		Market Value at 31 March 2021	
	£	%	£	%
Findlay Park FDS American - 3,330 shares	-	0.00%	397,756	9.48%
J P Morgan AM UK Ltd US Equity Income - 339,990.494 shares	-	0.00%	443,008	10.56%
Fidelity Ucitis ICA US QUAL INC UCITS ETF GBP I	327,373	5.11%	-	-

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

11. INVESTMENTS (Continued)

b) Investment in subsidiary undertaking

	£
Cost at 1 April 2021 and 31 March 2022	<u>199,900</u>
Net book value at 31 March 2022 and at 31 March 2021	<u>199,900</u>

Details of the subsidiary undertaking, which is registered in Scotland, at the balance sheet date are as follows:

Name of company and business

	Class of Shares	Holding %
CHSA Trading Limited (company no. SC113325) 2nd Floor, Hobart House, 80 Hanover Street, Edinburgh, EH2 1EL	Ordinary	<u>100%</u>

The company sells cards and gifts and acts as an agent for gift aid on the goods donated to our charity shops. A summary of its trading results is shown below.

Profit and Loss Account:

	2022 £	2021 £
Turnover	564,854	300,135
Cost of sales	(187,698)	(111,322)
Gross profit	<u>377,156</u>	<u>188,813</u>
Distribution costs	(28,939)	(54,919)
Administrative expenses	(53,051)	(26,483)
Other income	29,833	10,224
Interest income	6	49
Corporation Tax	-	-
Net profit retained	<u>325,005</u>	<u>117,684</u>
Distribution to Chest Heart & Stroke Scotland Ltd	325,005	117,684
Assets, liabilities and funds:		
Assets	251,644	211,776
Liabilities	(49,771)	(9,903)
Total funds	<u>201,873</u>	<u>201,873</u>

Audited financial statements of the subsidiary have been filed with the Registrar of Companies.

By acting as an agent for the charity shops gift aid, the Trading company enabled the charity to turn £943,672.75 of clothes sales into gift aided donations in 2022. There were no gift aid claims made during the year 2020-21 due to shop closures.

Both the gift aid and the gift aided sales are classified as donations rather than retail sales. Retail donations also includes £40,854 (2021: £44,868) directly handed into our shops.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

12. STOCKS

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Goods held for resale	66,092	92,651	-	-

13. DEBTORS

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Other debtors	228,416	133,769	228,416	133,769
Amounts owed by subsidiary undertaking	-	-	-	-
Legacies receivable	1,863,545	2,650,572	1,863,545	2,650,572
Prepayments and accrued income	354,765	546,971	352,975	546,971
Total debtors	2,446,726	3,331,312	2,444,936	3,331,312

14. RESEARCH GRANTS

	Chest £	Heart £	Stroke £	Other projects £	Total £
At 1 April 2021	-	115,584	23,307	116,139	255,030
Grants written back during the year	-	-	-	-	-
Grants awarded during the year	-	-	-	(66,145)	(66,145)
	-	115,584	23,307	49,994	188,885
	-	-	-	-	-
At 31 March 2022	-	115,584	23,307	49,994	188,885

No new awards were issued in year 2021/22

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

14. RESEARCH GRANTS (Continued)

	Group and Charity	
	2022	2021
	£	£
Research grants falling due within one year	188,885	74,576
Research grants falling due after more than one year	-	180,454
	188,885	255,030

15. OTHER CREDITORS falling due within one year

	Group	Group	Charity	Charity
	2022	2021	2022	2021
	£	£	£	£
Amounts owed by subsidiary undertaking	-	-	90,682	18,446
Trade creditors	555,318	36,457	523,654	33,994
Tax and social security costs	99,231	92,169	99,231	92,169
Corporation tax	-	-	-	-
Other creditors	260,812	150,137	257,205	147,197
Deferred income - see note 16	47,166	521,900	47,166	521,900
Accruals	370,976	522,702	356,476	518,202
Total Other creditors	1,333,503	1,323,365	1,374,414	1,331,908

Amounts owed to the subsidiary are unsecured, held interest free and have no fixed repayment terms.

16. DEFERRED INCOME

	Group and Charity	
	2022	2021
	£	£
Deferred income at 1 April 2021	521,900	185,842
Released during the year	(521,900)	(185,842)
Income deferred in year	47,166	521,900
Deferred income at 31 March 2022	47,166	521,900
Deferred Income within 1 Year - see note 15	47,166	521,900
Deferred Income greater than 1 Year	-	-
Total Deferred Income	47,166	521,900

Income is deferred when the charity receives grants or donations for which the conditions of recognition have not yet been met.
Deferred income at 31 March 2022 will be recognised as income next year.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17. RESTRICTED FUNDS (Group and Charity)

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust to be applied for specific purposes:

Movement in Funds:	Balance 31 March 2021 £	Income £	Expenditure £	Balance 31 March 2022 £
Research Grants	32,922	1,300	-	34,222
Hospital to Home	302,050	1,377,621	(1,635,702)	43,969
Other restricted	-	71,970	(67,637)	4,333
Capital Grants	125,000	-	(125,000)	-
	459,972	1,450,891	(1,828,339)	82,524

Movement in Funds:	Balance 31 March 2020 £	Income £	Expenditure £	Balance 31 March 2021 £
Research Grants	17,922	15,000	-	32,922
Hospital to Home	75,613	1,354,208	(1,127,771)	302,050
Other restricted	-	-	-	-
Capital Grants	135,000	5,000	(15,000)	125,000
	228,535	1,374,208	(1,142,771)	459,972

Description of Restricted Funds:

- Research grants restricted funds represent donations received from mainly individuals where the individual has requested that their donation be used solely for research purposes.

- Hospital to Home restricted funds represents any grant amounts received from Health Boards, NHS Trusts and Local Authorities which are used to fund any of our core support Services throughout Scotland. This includes our, Community Stroke Services, Stroke Nursing Service as well as our Advice Line and other core Services. It also includes grants from Trusts and other bodies as well as donations and some legacies.

- Other Restricted funds represents any grant amounts received from donations, Health Boards and Local Authorities that are restricted in nature but not for our key service. This includes income received for Staff Wellness and Office Relocation.

- Capital grant restricted funds relates to landlord contributions to fit out costs incurred on the charity's retail operations. These funds have been paid back for the two properties vacated in year.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

18. UNRESTRICTED FUNDS

	Movement in Funds					Balance 31 March 2022 £
	Balance 31 March 2021 £	Income £	Expenditure	Gains/ (losses) on investments	Transfers	
					£	
Group	9,752,739	9,437,858	(8,081,159)	95,814	-	11,205,252
Charity	9,750,766	9,206,378	(7,849,679)	95,814	-	11,203,279

	Movement in Funds					Balance 31 March 2021 £
	Balance 31 March 2020 £	Income £	Expenditure £	Gains/ (losses) on investments £	Transfers £	
Group	7,145,357	9,305,190	(7,430,286)	732,478	-	9,752,739
Charity	7,143,383	9,130,691	(7,255,786)	732,478	-	9,750,766

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible Fixed Assets £	Investments £	Net Current assets/ (liabilities) £	Creditors: amount falling due after more than one year £	Total £
Group - 31 March 2022					
Restricted funds	-	-	82,524	-	82,524
Unrestricted funds	1,239,064	6,399,541	3,566,647	-	11,205,252
	1,239,064	6,399,541	3,649,171	-	11,287,776
Group - 31 March 2021					
Restricted funds	125,000	-	334,972	-	459,972
Unrestricted funds	1,130,466	4,187,525	4,615,202	(180,454)	9,752,739
	1,255,466	4,187,525	4,950,174	(180,454)	10,212,711

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS (Continued)

	Tangible Fixed Assets £	Investments £	Net Current assets/ (liabilities) £	Creditors : amounts falling due after more than one year £	Total £
Charity - 31 March 2022					
Restricted funds	-	-	82,524	-	82,524
Unrestricted funds	1,239,064	6,599,441	3,364,774	-	11,203,279
	1,239,064	6,599,441	3,447,298	-	11,285,803
Charity - 31 March 2021					
Restricted funds	125,000	-	334,972	-	459,972
Unrestricted funds	1,130,466	4,387,425	4,413,329	(180,454)	9,750,766
	1,255,466	4,387,425	4,748,301	(180,454)	10,210,738

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

20. FINANCIAL COMMITMENTS

The Charity has entered into non-cancellable operating leases which have the following minimum commitments:

	2022	2021
	£	£
Land and buildings	2,302,619	2,013,417
Plant and machinery	73,870	269,442
Motor vehicles	3,601	10,958
Total financial commitments	2,380,090	2,293,817

The above commitments are payable as follows:

	2022	2021
	£	£
Not later than one year	804,160	902,796
Later than one year and not later than five years	1,575,930	1,391,021
More than five years	-	-
Total financial commitments	2,380,090	2,293,817

21. RELATED PARTY TRANSACTIONS

Several members of our board of trustees have links with the NHS but these relationships are not deemed to have undue influence on our interactions with the NHS therefore are not disclosed.

Neil Francis, a trustee is a director at POGO studios. During the year we paid POGO £78,600 to support the development and rollout of our Tailored Talks project (£2021: £97,376).

There are no related party transactions other than as disclosed in Note 7 for Directors' reimbursement of expenses.

CHEST HEART & STROKE SCOTLAND LTD (A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

22. FINANCIAL INSTRUMENTS

Financial assets:	Group 2022	Group 2021 £	Charity 2022	Charity 2021 £
	6,330,824	3,594,459	6,330,824	3,594,459
Financial assets held at fair value	4,991,499	6,347,998	5,096,530	6,447,219
Financial assets measured at amortised cost	11,322,323	9,942,457	11,427,354	10,041,678
Financial liabilities:				
Financial liabilities measured at amortised cost	1,187,106	709,296	1,228,018	717,839

Financial assets measured at fair value are listed investments. Financial assets measured at amortised cost include cash at bank, other debtors, accrued income, amounts owed by subsidiary undertaking and investment in subsidiary undertaking.

Financial liabilities measured at amortised cost include trade creditors, other creditors and accruals.



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