

Your step by step guide

- It's simple! Just print off the sweepstake grid, cut out all the dancers' names, fold them in half and place them inside a hat or glitzy envelope.
- Decide how much you want to charge for entry into the sweepstake.

 This will determine how much cash is up for grabs and how much you will raise for Chest Heart & Stroke Scotland.
- Ask everyone to select a dancer's name at random. If you're oversubscribed, just photocopy the sweepstake pages and run the sweep twice.
- Now the best part! Sit back, put the telly on and enjoy the toe-tapping Tangos,
 Jives and sensational Salsas every Saturday night. It's on BBC One or catch up on iPlayer!
- Claim the glittering glory! The winner is the person who selected the Strictly Come Dancing 2019 winner. Award the winner their share of the kitty. Or give them their very own Glitterball Trophy!
- And finally, do something incredible and donate the remaining funds to Chest Heart & Stroke Scotland. Every penny will help people and families in Scotland live their lives to the full.

Your Sweepstake Kit

Anneka	James	Dev	Alex	Kelvin
Rice	Cracknell	Gniffin	Scott	Fletcher
Will Bayley	Michelle Visage	Countess Weymouth Emma Thynn	Karim Zeroual	Mike Bushell
Catherine	Saffron	Emma	Chris	Oavid
Tyldesley	Barker	Barton	Ramsey	James

Dancers' name Your name Paid?



There are so many ways you can raise money for Chest Heart & Stroke Scotland. From getting those sparkly dancing shoes on at your own Strictly themed night, abseiling off the iconic Forth Rail Bridge, running through glens and swimming through lochs or bucket shaking all across Scotland. There is a challenge for everyone!

Find out more at www.chss.org.uk/fundraise or contact fundraising@chss.org.uk

Let's get neady to Rumba...

Chest
Heart &
Stroke
Scotland

NO LIFE HALF LIVED

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