

Chest Heart & Stroke Scotland

Stroke Nurse (Lothian)

Job Description



Position:	Stroke Nurse (Lothian)
Responsible to:	Lead Stroke Nurse
Responsible for:	None
Location:	Astley Ainslie Hospital
Contacts: (Internal)	Rehabilitation Support Regional Manager (East) Lead Rehabilitation Support Coordinator Fundraising Manager (South) Other Services Department staff Other CHSS staff
Contacts (external)	Patients, families, carers and the general public Health & Social Care professionals Statutory and third sector organisations

Main purpose of job:

Chest Heart & Stroke Scotland (CHSS) is a Scottish health charity, caring for and supporting people after stroke, or diagnosis of a chest or heart condition. We offer vital advice and information to people and their families, delivering support services in the community. We believe everyone has the right to live life to the full, so we are committed to influencing public policy to ensure those affected get the services they so badly need. Our ambition is to be Scotland's leading organisation for community driven support for people with these health conditions.

The aim of the Stroke Nurse is to facilitate a smooth transition from hospital back into the community, for people who have had a stroke and their families. The Stroke Nurse helps them adjust to the changes associated with the stroke, through the provision of information, advice and support.

The holder of this position will have unsupervised one to one contact as part of their normal duties with adults at risk, therefore this position is subject to a PVG check.

Most challenging part of the job

- Managing a geographically widespread and diverse caseload
- Maintaining a high level of skills and knowledge in the developing environment of stroke management

Key responsibilities:

1. Service Provision and Quality

- Provide information, advice and support for stroke patients and their families resident in Lothian
- Be an active member of the stroke multidisciplinary team
- Follow up patients and their families after discharge, to identify needs and facilitate solutions to their problems. This might involve referring patients to the hospital based team or the Primary Health Care Team, or voluntary organisations
- Maintain confidential records of all referrals and update CHSS Stroke Nurse Database
- Provide monthly reports and contribute to an annual report on the work undertaken
- Provide TIA Information Packs to the local Neurovascular Clinic for distribution to appropriate patients by the stroke clinician
- Raise public awareness of stroke/TIA and its prevention
- Ensure awareness of the existence and function of the Stroke Nurse & the Charity
- Apply evidence based knowledge to achieve best practice
- Keep up-to-date in advances in stroke care and attend study days where appropriate
- Be involved, as appropriate, in the training of others involved in the care of patients with stroke (in liaison with Stroke Education Facilitator – Lothian & Borders)
- Assist in the evaluation of the post, ensuring continuous quality improvement
- Assist with the review and development of CHSS patient information resources
- Liaise regularly with the Lead Stroke Nurse
- Provide mentorship and support for student nurses in training from Napier University who are on placement within CHSS Lothian Stroke Nurse Service

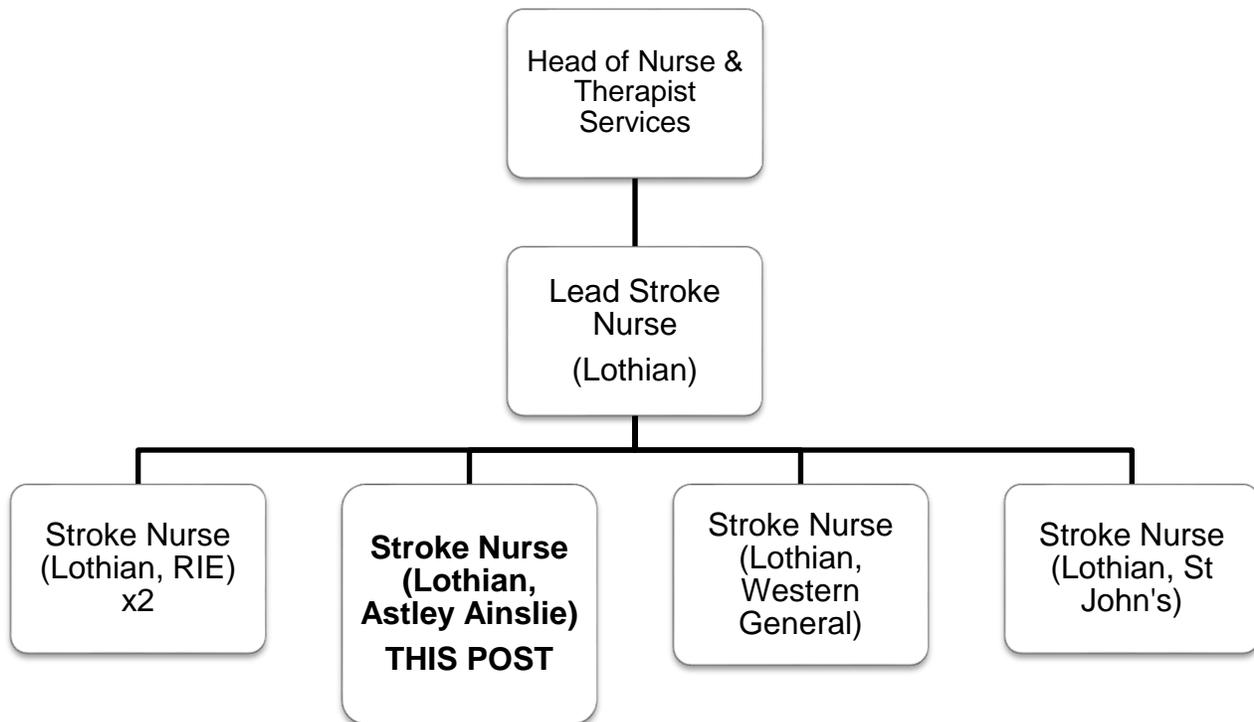
2. External Representation

- Act at all times as a visible, confident and credible ambassador for the organisation externally, promoting organisation-wide interests
- Participate with key groups within NHS Lothian Stroke MCN, and associated subgroups as required
- Work in effective partnerships with health professionals from primary and secondary care, statutory agencies and voluntary organisations

3. General

- Undertake other duties from time to time as directed by the Lead Stroke Nurse

- Participate in CHSS departmental, regional & organisational meetings
- Comply fully with CHSS Policies and Procedures
- Participate in the CHSS appraisal and support & development process
- Attend training sessions, continuing professional development and other activities as required



The above job description is not exhaustive and is clarified to include broad duties inherent in the post. Evaluation and development of this post may, in time, indicate a need to revise duties herein.

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Stroke Nurse

Person Specification



	Essential	Desirable
Education & Knowledge	<p>Current 1st level Nursing professional registration</p> <p>Evidence of Continuing Professional Development [CPD] in relevant field</p> <p>Driving licence (and access to a car) – confident driver</p>	<p>Attainment/working towards relevant degree/equivalent professional qualification</p> <p>Knowledge of geographical area</p>
Previous Experience	<p>4 years post-registration experience</p> <p>Liaising with statutory and voluntary services</p>	<p>Community/rehabilitation post</p> <p>Working with stroke patients and their families.</p>
Skills Aptitudes Abilities	<p>Good communication skills</p> <p>Ability to work on initiative / as part of a team</p> <p>Ability to work under pressure</p> <p>Good organisational skills</p> <p>Good time management</p> <p>Confident IT use:</p> <ul style="list-style-type: none"> • Word • Internet/E-mail 	<p>IT Experience with:</p> <ul style="list-style-type: none"> • Excel • Access
Disposition	<p>Person centered approach to support embracing the principles of enabling and empowerment</p> <p>Willingness to work flexibility</p>	

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Further Details



Chest Heart & Stroke Scotland comprises several departments: Corporate Services (including Administration, Finance, IT, HR and Volunteering), Strategy and Communications, Fundraising, Retail and Services.

Summary of Terms and Conditions of Employment

Location: Astley Ainslie Hospital, 133 Grange Loan, Edinburgh EH9 2HL

Term: Permanent

Hours of work: 20 hours per week (CHSS Full Time is 32.5 hours)

Salary: On a scale of £25,344 - £31,405 pro rata
Grade 3 (ii), Scale Points 27-34.

New appointments are normally placed at the base of the salary scale unless there are exceptional circumstances.

Review of Work: The postholder is subject to the CHSS objective setting, supervision and appraisal process.

Travel: You will be required to use your own car on CHSS business, which is reimbursed at the current rate per mile. All other reasonable travel, subsistence and other necessary expenses are reimbursed.

Employee Benefits: Please see the CHSS Employee Benefits Information Sheet.

Equal opportunities: CHSS is committed to equality of opportunity and to non discrimination on the grounds of race, religion or belief, age, sex, marital or civil partnership status, disability, sexual orientation, transgender status, pregnancy or maternity.