

Volunteer For CHSS Video Transcript

[Opening shots of church where a stroke group meets]

Christine:

Hi! I'm Christine and I volunteer for Chest Heart and Stroke Scotland. This is one of our community stroke service groups in Edinburgh where we support people living with the effects of stroke in the community.

We do this with the support of our great team of volunteers.

Volunteers help communication difficulties and reduce the sense of isolation and frustration people sometimes face following a stroke.

This is Richard who attends the service.

Richard, can you tell me what you enjoy about the group?

Richard:

Well we we do quizzes and we talk about the news headlines We sometimes have a speaker on and everyone is here, so its good.

Christine:

For these services to be delivered, Chest Heart and Stroke Scotland need to raise nine million pounds every year. Let me tell you about one way we do this.

I volunteer in our Morningside store and have done for three and a half years.

The reason I volunteer as I had time to give and wanted to do something meaningful with that time. I get a great feeling when people come and see how good the shop is and how good it looks and we have repeat customers who come back just to come in and see us.

Let me show you now the various roles we have in the shop.

This is Angus, he's one of our volunteer drivers.

Angus:

As a volunteer driver I go to people's houses to collect the items that they are donating to the charity and bring them back to the shop for sorting and display.

Christine:

In order to raise funds we need donations.

[shopper hands donation bags to Christine]

Thank you!

Once the goods have been donated, they need to be sorted.

Morven:

Hi. I'm Morvin and I'm a stockroom volunteer and I help to sort the donations before they go on the shop floor.

My main role in the shop is visual merchandiser. This includes dressing the mannequins and making the window look appealing.

And another role is a customer care volunteer.

I flattered to be asked to become an enhanced volunteer. This means I can take over the duties of the manager in her absence.

I started with one roll and have three. Not only that I was roped into doing the abseil from the forth bridge, not once but twice to raise funds for Chest Heart and Stroke Scotland.

Christine:

It's a team of volunteers that make this work. Why don't you come and join us?

Check out the CHSS website. We have over 30 shops across Scotland. If you have time to give and would like to help us raise funds we'd love to hear from you.

[Chest Heart & Stroke Scotland logo; You have the power to change people's lives]