

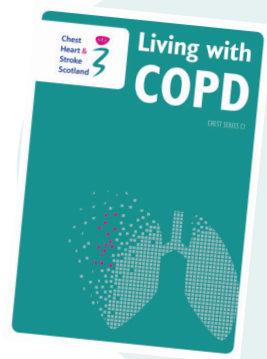
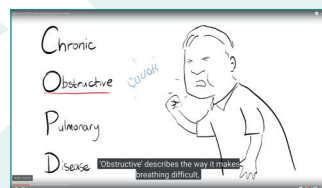
ADDITIONAL RESOURCES

Please indicate the quantities you require (up to a maximum of 25 copies of each title)		Quantity
C1	Living with COPD	
F1	Stopping smoking	
F6	Holiday information	
F7	Insurance information	
F18	Coping with Tiredness	
F22	How to make the most of a visit to your Dr	
F23	Living with stress and anxiety	
F24	Healthy eating	
F30	Just move	
F32	Pulmonary rehabilitation Q&A's	
F34	Understanding your oxygen assessment	
F35	How to manage your breathlessness	
F36	Understanding your home oxygen therapy	
F37	Coping with depression / feeling low	
F41	Financial support information	
F43	10 frequently asked questions about COPD	

For Health professionals : COPD Traffic Lights

PLUS - Key COPD awareness-raising resources can also be found on our website: www.chss.org.uk/copdawareness

This includes e-promotional material including a COPD Awareness slide show that can be played on health information screens plus links to the My Lungs My Life website and the COPD Health Sketch animation film.



Chest Heart & Stroke Scotland

3rd Floor | Rosebery House | 9 Haymarket Terrace | Edinburgh EH12 5EZ

Tel: 0131 225 6963 | Advice Line Nurses: (Freephone) 0800 801 0899

Email: respiratoryservices@chss.org.uk

Website: www.chss.org.uk

Chest
Heart &
Stroke
Scotland





World COPD Day

15th November 2017

ORDER FORM

Name:
Role:
Address:
Postcode:
Tel:
Email:

Please let us know what type of event you are planning to hold:

- **Who is running your event?**

- **Where and when will your event be held?**

- **Would you like us to support your event via social media?**

Information

Forms must be returned by **22nd September** to guarantee you receive your resources.

Resources will be sent out to you in the week beginning 16th October.

Please indicate overleaf how many additional resources you need.

Booklets and factsheets are free up to a maximum of 25 of each title.

If you require larger numbers please contact us to discuss your needs.

Resource packs will contain:

- Posters (2)
- COPD awareness cards (50)
- My Lungs My Life cards (50)
- Pens (20)
- Publication lists (20)
- Advice Line Cards (50)
- CHSS Balloons

Forms should be returned to Jill Adams, Cardiac & Respiratory Manager by post or email:

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