



Self-Management – Principles and Practice

Course for health and social care practitioners

This course provides an understanding of the context of self management, different models of self management and the integration of self management into contemporary health and social care practice.

The course is credited with 20 masters level points and can be taken as continuing professional development (CPD) or combined to contribute towards the MSc Advanced Practice in Health Care, with named award if desired.

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Other courses in health and social care

- Advanced Communication Skills in Healthcare
- Acute and Critical Care
- Assessing and Managing Patients with Complex Symptoms
- Education for Professional Practice
- Ethics for Professional Practice
- Professional Practice in Spiritual & Religious Care in Healthcare
- Principles of Acute Cardiac Management
- Cardiovascular Disease Prevention & Care
- Graduate Certificate/Diploma in Specialist Lymphoedema Management
- Graduate Certificate in Burns & Plastic Surgery Care

Please visit:
www.glasgow.ac.uk/healthcare