

### Self Directed Support

Linda Campbell, Stroke Coordinator Grant Manson- Service user



# What is Self Directed Support

Way of providing social care services which enable you to;

- Have more choice and flexibility
- Have money to buy your own services
- Choose services to suit and improve your lifestyle
- Manage your own support



### 7 SIMPLE STEPS TO SDS

- Find out how much money is available to you
- Make a plan showing how you would like to live your life and receive support
- 3. Agree your plan with the important people in your life and your social worker (or Community care officer)

- 4. Arrange how you will mange the money available for your support
- 5. Organise your support
- 6. Live your life
- 7. Check how it worked / review

# A very personal experience

**Grant Manson** 

## "All for one..."



Self Directive Support

Our Journey

### Our Wonder Woman

- Wife of 1
- Mum of 3
- Nana of 5
- 'Auntie Bev' to countless others

• Wife, Mum, Nana, Business Woman, Rock.

### Ward 2A, June to December 2014



- Early prognosis "Prepare for the worst."
- The rollercoaster ride of recovery begins.
- Early family involvement.
- Setting goals together.
- Hope.

# THE HALL is where your heart is

- Why did we choose to bring Mum home?
- How has SDS helped?
- Admin and the logistics.
- Our experience.
- Progress.