

Heart Failure Awareness Day

8th May 2015



Heart Failure Quiz

Here is a short quiz to celebrate European Heart Failure Awareness Day on 8th May 2015.

1. How many people in Scotland are estimated to have heart failure?

- 5000
- 10,000
- 100,000

2. Is that figure generally seen as:

- an underestimate
- about right
- an overestimate

3. You are more likely to be diagnosed with heart failure as you get older?

- True
- False

4. Heart Failure only affects the elderly.

- True
- False

5. Unjumble these three steps that help people with heart failure live well:

owl astl

alyid tiwheg

epek tvecai

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Quiz Answers

1. an underestimate
2. 100,000
3. True
4. False
5. low salt, daily weight, keep active