COPD
Chronic Obstructive Pulmonary Disease
Could this be you?
COUGH

Do you cough often, and on most days?
Do you cough up phlegm or mucus on most days?
BREATHLESS

Do you get more out of breath than others your age?
Are you more than 35 years old?
Do you smoke, or are you an ex-smoker?
Did you answer yes to three or more of these:

- Cough?
- Phlegm?
- Breathless?
- Over 35?
- (ex) Smoker?

Ask your doctor if you could have COPD.