

Community Stroke Services video transcript

Text:

Community Stroke Services

Chest Heart & Stroke Scotland

Advice Line Nurses

0808 801 0899 Free from landlines and mobiles

Rosi:

Hello, my name is Rosi and I am one of the regional managers in the Community Stroke Services department in Chest Heart & Stroke Scotland.

Now you have found us, I would like to tell you a little bit about the ways we can help to support you following your stroke.

We offer a range of person centred services from one to one support to group activities. They can start at the hospital bedside and continue in the home and in your community, helping you to gain confidence in communicating in a variety of social settings from small core groups to larger social communication services.

All our services are delivered by staff and volunteers who are trained in communication support, providing accessible information and creating a safe and stimulating environment for you.

Or you might like to join one of the more independent self-managed community stroke groups which are as individual as the people who run them and which encourage members to participate and enjoy activities in their local community.

You can find all the information you need in this section of the website or by calling our Advice Line Nurses.

Logo:

Chest Heart & Stroke Scotland.

We are Scotland's Health charity.

chss.org.uk.

Research - Advice - Support - Action