



# Stroke Courses 2015

For Health & Social Care Staff



Chest  
Heart &  
Stroke  
Scotland



# Philosophy of Chest Heart & Stroke Training

Chest Heart & Stroke Scotland aim to provide a learning environment where members of the Multi-Disciplinary team, from Health and Social Care sectors, may learn from both the content of the course and from one another.

We feel that the sharing of knowledge and experience can allow people to make changes to their practice which in turn may enhance the care they give to their patient/client. To enable us to do this we will undertake evaluation of the course content and delivery, and feedback any relevant comments to the individual trainer or organisation concerned. Course content will be current and evidence based.

These courses are funded in partnership with the NHS and supported by Health Board area specific Managed Clinical Networks for Stroke.

## SCoT

The ScoT (Stroke Competency Toolkit) will enable staff to transfer knowledge into practice and provide a portfolio of evidence to support their development. It is based on the stroke core competencies developed by NHS Education for Scotland (2005) and is aligned to the NHS Knowledge and Skills Framework (KSF). The toolkit is available for all members and levels of the stroke multidisciplinary team. For further information regarding this initiative please contact The Stroke Education Facilitator.



# Current Care in Stroke – Part 1

## Target Group:

Health and social care staff who work with people affected by stroke and their carers.

## Course Aim:

To develop the core knowledge of health and social care staff and facilitate further development of their skills and confidence when working with people affected by stroke and their families. This course is aligned to the Stroke Core Competencies for Healthcare Staff, developed by NHS Education Scotland (NES 2005). The course content and delivery has been endorsed by NES.

## Outcomes:

Each individual session has a specific aim and learning outcomes which are aligned to the Stroke Core Competencies. By the end of the course participants will have enhanced their knowledge and skills related to stroke care and be able to identify areas for further personal learning and development.

To view the Stroke Core Competencies visit:

[www.strokecorecompetencies.org](http://www.strokecorecompetencies.org)

## Outline of Course Programme Current Care in Stroke – Part 1:

### Day 1

- What is a stroke?
- Organisation of Stroke Services
- Experiencing Stroke Workshop
- Swallowing & Nutrition after Stroke
- Communication & Stroke

### Day 2

- Activities of Daily Living and Stroke
- Skin Care after Stroke
- Continence and Stroke
- Psychological Aspects in Stroke Care
- Physical Ability after Stroke (theory & practical sessions)
- Spiritual Care in Stroke

## Current Care in Stroke – Part 2

### Target Group:

Health and social care staff who have completed Current Care in Stroke – Part 1 and wish to further develop their knowledge and skills related to stroke care.

### Course Aim:

To further develop core knowledge and skills in relation to caring for someone who has had a stroke and their carers.

### Outcomes:

Each session has a specific aim and learning outcomes. By the end of the course participants will have reflected on their knowledge and skills related to stroke care and have identified areas for further personal learning and development. Participants will be able to identify areas of their own practice where improvements/changes may be beneficial to their clients/patients.

### Outline of Course Programme Current Care in Stroke – Part 2:

#### Day 1

- Stroke Classification & Medical Treatments
- NG, PEG & Enteral Feeding
- Perceptual & Cognitive Problems after Stroke
- Physical Management of Stroke
- Living with Aphasia

#### Day 2

- Sexuality & Stroke
- Spiritual Care & Stroke
- Palliative Care & Stroke
- A Carers Perspective & How to deliver Carer Information

## **Single Stroke Study Day**

These study days are based on specific topics related to stroke. They are offered to health and social care staff working with people affected by stroke. These study days are based around current topics related to stroke care and will be advertised approximately six weeks before. All health professionals at any level are eligible to apply for topic specific study days.

## **Social Services Study Day**

These courses have been developed to meet the needs of Social Services staff. Topics covered are current and evidence based, they include What is a Stroke? and practical issues and ways to help. For further information regarding these days contact the Stroke Education Facilitator.

## **STAT (Stroke & TIA Assessment Training)**

STAT has been developed for registered nurses or junior medical staff working in A&E, Acute Medical Admissions Units, Medical High Dependency Units or Stroke Units who may be involved in the assessment of patients with a new stroke or TIA.

It comprises of a mix of classroom based teaching and interactive scenarios designed to improve the recognition and management of acute stroke and TIA, including thrombolysis and its complications. A short test (multiple choice questions) must be successfully completed to receive your certificate. For more information on STAT please contact the Stroke Education Facilitator.

## **Specifically Designed Study Days**

These study days can be organised to address the learning needs of particular staff groups. For information regarding the rationale related to the provision of these study days please contact the Stroke Education Facilitator.

# Training Dates 2015

	Date	Day	Venue
<b>Current Care in Stroke - Part 1</b>	31st March & 1st April	Wed/Thur	Lynebank Hospital
	17th & 18th June	Wed/Thur	Lynebank Hospital
	4th & 5th November	Wed/Thur	Lynebank Hospital
<b>Current Care in Stroke - Part 2</b>	28th & 29th April	Tue/Wed	Lynebank Hospital
	7th & 8th Oct	Tue/Wed	Lynebank Hospital
<b>Single Stroke study days</b>	27th May	Wed	TBC
	9th September	Wed	TBC
	18th November	Wed	TBC
<b>Social Service Study Days</b>	24th February	Tue	Lynebank Hospital
	20th May	Wed	Lynebank Hospital
	23rd September	Wed	Lynebank Hospital
<b>STAT</b>	6th February	Fri	Cardenden Health Centre
	5th June	Fri	Cardenden Health Centre
	18th September	Fri	Cardenden Health Centre

## Contact Details

Joanne Graham  
 Stroke Education Facilitator,  
 Admin Block, Lynebank Hospital, Halbeath Road,  
 Dunfermline, KY11 4UW  
 E-mail: joanne.graham@nhs.net • Tel: 01383 565379



**The courses are free of charge to local NHS staff with their managers permission. Social services staff will need to contact the Stroke Education Facilitator in their area for advice re whether any payment will be required. Please use one form per booking per person.**

### Stroke Training Course/Study Day Booking Form

Please tick the course/study day you wish to attend

- Current Care in Stroke - Part 1**     **Current Care in Stroke - Part 2**  
 **Single Stroke Study Days**     **Social Services Study Day**  
 **STAT**

There are waiting lists in place for the stroke training programmes. Your name will be added to the relevant list and a place will be offered to you at the earliest opportunity.

### Participant Details

Name:

Job Title:

Grade/Band:

Work Address:

Contact Tel No:

E-mail:

Special needs:

Signature:



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Stroke Education Facilitator  
Admin Block, Lynebank Hospital, Halbeath Road,  
Dunfermline, KY11 4UW  
Tel: 01383 565379  
E-mail: [joanne.graham@nhs.net](mailto:joanne.graham@nhs.net)

**[www.chss.org.uk](http://www.chss.org.uk)**