

# HOLIDAY INFORMATION

This factsheet has been compiled to provide people with disabilities and their families or carers with some useful contacts to help them arrange a well deserved break. Some organisations will make all your arrangements including travel and assistance others will just take bookings for their own accommodation. Whatever your needs are there will be some help out there! No recommendation is intended by being included on this list which is in alphabetical order. Please remember that although our factsheet is correct at the time of printing, details change very quickly. You might also find useful the CHSS Factsheets 'Air travel for people affected by chest, heart and stroke illness' and 'Sympathetic Insurance Companies'.

## Travel services

### Access Travel (LANCS) Ltd

6 The Hillock, Astley  
Lancashire M29 7GW  
Tel: 01942 888 844  
Fax: 01942 891 811  
E-mail: [info@access-travel.co.uk](mailto:info@access-travel.co.uk)  
Website: [www.access-travel.co.uk](http://www.access-travel.co.uk)

*Specialises in overseas travel and holidays (including flights only) for wheelchair users. Accommodation is selected for accessibility and roll-in showers are available in many properties.*

### Accessible Travel & Leisure

Avionics House, Naas Lane Quedgeley,  
Gloucester GL2 2SN  
Tel: 01452 729 739  
Fax: 01452 729 853  
E-mail: [info@accessibletravel.co.uk](mailto:info@accessibletravel.co.uk)  
Website: [www.accessibletravel.co.uk](http://www.accessibletravel.co.uk)

*Travel service for wheelchair users, slow walkers and mature travellers, their families and friends. The service is tailor-made for those who want to travel abroad, including cruises and city breaks.*

### ATS Travel

1 Tank Lane Purfleet,  
Essex RM19 1TA  
Tel: 01708 863 198

*Disclaimer: Inclusion in this factsheet, is not a guarantee or recommendation by Chest, Heart and Stroke Scotland. It has been compiled for your information only.*

### HEAD OFFICE

65 North Castle Street, Edinburgh EH2 3LT  
Tel: 0131 225 6963 Fax: 0131 220 6313 Advice Line: 0845 077 6000  
E-mail: [admin@chss.org.uk](mailto:admin@chss.org.uk) Website: [www.chss.org.uk](http://www.chss.org.uk)  
Scottish Charity No. SCO18761

Fax: 01708 860 514

E-mail: [aatstravel@aol.com](mailto:aatstravel@aol.com)

Website: [www.assistedholidays.com](http://www.assistedholidays.com)

*The Assisted Travel Service provides a door-to-door service from home through airports, prearranges seating and arranges for special items to be taken on your flight (including oxygen). This service will also make all the arrangements at your destination. ATS agents inspect all accommodation. The company has several tours in UK and abroad and can also arrange insurance.*

### **Avant Garde Travel**

76 Victoria Road, Surbiton

Surrey, KT6 4NS

Tel: 0208 399 3933

Fax: 0208 399 4439

Email: [kelly@avantgardetravel.com](mailto:kelly@avantgardetravel.com)

Website: [www.avantgardetravel.co](http://www.avantgardetravel.co)

*Tailor made holidays for the less able traveller providing choices and freedom.*

### **Can Be Done Ltd**

11 Woodcock Hill,

Harrow HA3 0XP

Tel: 0208 907 2400

Fax: 0208 909 1854

E-mail: [holidays@canbedone.co.uk](mailto:holidays@canbedone.co.uk)

Website: [www.canbedone.co.uk](http://www.canbedone.co.uk)

*Can Be Done Ltd puts together holidays and itineraries for disabled people in the UK and abroad.*

### **The Chalfont Line**

4 Providence Road, West Drayton,

Middlesex, UB7 8HJ

Tel: 01895 459 540

Fax: 01895 459 549

Email: [holidays@chalfont-line.co.uk](mailto:holidays@chalfont-line.co.uk)

Website: [www.chalfont-line.co.uk](http://www.chalfont-line.co.uk)

*The Chalfont Line organises group and individual holidays around the world. They also provide accessible transport for private hire, patient transport and school and Day- centre transport.*

### **Saga Holidays**

The Saga Building

Middleburg Square, Folkestone,

Kent, CT20 1AZ

Tel: 01303 771 111

Website: [www.sagaholidays.co.uk](http://www.sagaholidays.co.uk)

Email enquiries through the website

*Saga offers holidays for those over 50 in the UK, overseas, special interest and group holidays and cruises. Accommodation is not necessarily suitable for disabled travellers, so it is advisable to check before booking. It is helpful to know what kind of holiday you are interested in before phoning.*

### **Tourism for All**

The Hawkins Suite, Enham Place

Enham Alamein

Andover SP11 6JS

Information: 0845 124 9971

Tel: 0845 124 9974 admin

Fax: 0845 124 9972

Minicom: 0845 124 9976

E-mail: [info@tourismforall.org.uk](mailto:info@tourismforall.org.uk)

Website: [www.tourismforall.org.uk](http://www.tourismforall.org.uk)

*Tourism for All provides extensive information on holidays in the UK and abroad for people with physical, sensory and learning disabilities and their families. They also provide information on places for respite care in the whole of the U.K.*

### **Travel Options**

46 Trongate Glasgow G1 5ES

Tel: 0141 559 5500

Email: [info@travel-optionsltd.co.uk](mailto:info@travel-optionsltd.co.uk)

Website: [www.traveloptionstrongate.com](http://www.traveloptionstrongate.com)

*Offers a full range of holiday opportunities plus additional specialised support for disabled travellers.*

## **Booking accommodation direct**

### **The Calvert Trust**

Kielder, Kielder Water, Hexham, Northumberland NE48 1BS

Tel: 01434 250 232

Fax: 01434 250 015

E-mail: [enquiries@calvert-kielder.com](mailto:enquiries@calvert-kielder.com)

Keswick: Little Crosthwaite, Keswick, Cumbria CA12 4QD

Minicom/Tel: 01768 772 254

Fax: 01768 771 920

E-mail: [enquiries.calvert.keswick@dial.pipex.com](mailto:enquiries.calvert.keswick@dial.pipex.com)

Exmoor: Wistlandpound, Kentisbury, Barnstable, Devon EX31 4SJ

Minicom/Tel: 01598 763 221

Fax: 01598 763 063

E-mail: [exmoor@calvert-trust.org.uk](mailto:exmoor@calvert-trust.org.uk)

Website: [www.calvert-trust.org.uk/exmoor](http://www.calvert-trust.org.uk/exmoor)

*The Calvert Trust has three purpose built centres for people with all types of disability. We welcome individuals, groups and families to our centres. The centres are adapted for the disabled and provide large numbers of outdoor adventure activities under instruction if required. Respite packages are also available. Contact sites directly.*

**Grooms Holidays**

PO Box 36, Cowbridge,  
 Vale of Glamorgan, CF71 7GB  
 Tel: 0845 658 4478  
 Fax: 01446 775 060  
 Email: [holidays@johngrooms.org.uk](mailto:holidays@johngrooms.org.uk)  
 Website: [www.groomsholidays.org.uk](http://www.groomsholidays.org.uk)

*Grooms holidays are committed to providing disabled people, their friends and families with suitable accommodation. Send for the free holiday brochure for hotels and self catering accommodation throughout England and Wales.*

**Vitalise**

Reservations Team  
 Industrial Estate  
 Shap Road, Kendal,  
 Cumbria, LA9 6NZ  
 Tel: 0845 345 1970  
 Fax: 01539 735 567  
 E-mail: [VHenquiries@vitalise.org.uk](mailto:VHenquiries@vitalise.org.uk) or [bookings@vitalise.org.uk](mailto:bookings@vitalise.org.uk)  
 Website: [www.vitalise.org.uk](http://www.vitalise.org.uk)

*Vitalise (formerly Winged Fellowship Trust) is a national disability charity providing breaks for disabled adults, children and their carers at five accessible centres in Cornwall, Nottingham, Southport, Essex and Southampton.*

**Other holiday information**

**Nickirian Care**

The Bungalow  
 8 Balingall Drive, Glenrothes  
 Fife KY6 3QD  
 Website: [nickiriancare.com](http://nickiriancare.com)

*Offers professional private respite in homely surroundings in Glenrothes. Contact through website.*

**British Red Cross Society (Scotland)**

Centuria Court, 4 Nasmyth Place  
 Hillington, G52 4PR  
 Tel: 0141 891 4000  
 Fax: 0141 891 4099  
 Email: [agallagher@redcross.org.uk](mailto:agallagher@redcross.org.uk)  
 Website: [www.redcross.org.uk](http://www.redcross.org.uk)

*The British Red Cross can provide equipment and wheelchairs to hire by arrangement with the local branch in the area you will be visiting. They also run special facilities for disabled people based in Irvine and Inverness and a holiday home in Shetland.*

### **DIAL UK**

St Catherine's, Tickhill Road, Doncaster,  
South Yorkshire, DN4 8QN

Tel: 01302 310 123

Textphone: 01302 310 123 Please use voice announcer

Fax: 01302 310 404

Email: [informationenquiries@DIALuk.org.uk](mailto:informationenquiries@DIALuk.org.uk)

Website: [www.DIALuk.org.uk](http://www.DIALuk.org.uk)

*DIAL UK provides a disability information service on a range of topics including mobility and transport and holidays.*

### **Holidays for Disabled People Ltd**

Public Relations

PO Box 164, Totton

Southampton SO40 9WZ

Tel: 01252 332452

Email: [disholspw@aol.com](mailto:disholspw@aol.com)

Website: [www.holidaysfordisabled.com](http://www.holidaysfordisabled.com)

*Holidays for Disabled People Ltd organises an annual holiday in UK for physically disabled adults, providing volunteer helpers to assist, providing an independent break.*

### **RADAR**

12 City Forum

250 City Road

London EC1V 8AF

Tel: 0207 250 3222

Fax: 0207 250 0212

E-mail: [radar@radar.org.uk](mailto:radar@radar.org.uk)

Website: [www.radar.org.uk](http://www.radar.org.uk)

*RADAR the Royal Association for Disability and Rehabilitation is made up of a network of members including individuals and organisations involved with all aspects of disability. RADAR is itself an organisation of disabled people. It is now possible to shop on-line for accessible toilet keys and information packs.*

### **Shared Care Scotland**

Unit 7 Dunfermline Business Centre, Izatt Avenue

Dunfermline, Fife, KY11 3BZ

Tel: 01383 622 462

Fax: 01383 622 813

E-mail: [office@sharedcarescotland.com](mailto:office@sharedcarescotland.com)

Website: [www.sharedcarescotland.com](http://www.sharedcarescotland.com)

Shared Care has a database of respite services throughout Scotland. They also have information about holiday provision, befriending schemes and sitting services.

## Guidebooks

### **'The AA – Disabled Travellers Guide'**

AA Disability Helpline: 0800 262 050

Website: [www.theaa.com](http://www.theaa.com)

*Available free by phoning Helpline. A comprehensive guide to all forms of travel in the UK and Europe. Also covers topics of interest to older travellers/drivers.*

### **'Holidays in Britain and Ireland – 2007 A guide for disabled people'**

RADAR

12 City Forum

250 City Road, London EC1V 8AF

Tel: 0207 250 3222

Minicom: 0207 250 4119

Fax: 0207 250 0212

E-mail: [radar@radar.org.uk](mailto:radar@radar.org.uk)

Website: [www.radar.org.uk](http://www.radar.org.uk)

*Produced by the Royal Association for Disability and Rehabilitation.*

*Costs £13.50 Also available to buy on-line from their shop at website address.*

## Useful Websites

**[www.disabilitynow.org.uk](http://www.disabilitynow.org.uk)**

*On-line holiday accommodation and much more. Also produce disability related magazine to subscribers 0845 120 7001.*

**[www.dptac.gov.uk/door-to-door](http://www.dptac.gov.uk/door-to-door)**

*Transport and travel website for disabled and less mobile people.*

**[www.mobilityabroad.com](http://www.mobilityabroad.com)**

*Offers a range of mobility/disability equipment for hire in Spanish Costas, Mallorca, Lanzarote and Algarve. Similar services to Solmobility but operates in Costa del Sol.*

**[www.independentliving.org/vacawap](http://www.independentliving.org/vacawap)**

*Accessible vacation home exchange website.*

**[www.caravanable.co.uk](http://www.caravanable.co.uk)**

*Accessible caravanning.*

If you would like to speak to one of our nurses in confidence,  
please call the Chest, Heart and Stroke Scotland Advice Line  
*Monday - Friday 9.30am - 12.30 and 1.30pm - 4.00pm*

**0845 077 6000**