



## Cardiovascular Courses: 2009-10

### Introduction

Nursing & Health Care offer accredited programmes and unaccredited study days on cardiovascular disease topics. There are three courses at undergraduate level and two courses at M level suitable for health professionals from across the UK and overseas. Most courses offer flexible study such as attendance in blocks (some supported by e-learning), or entirely by e-learning to minimise additional accommodation and travel expenses.

### Entry Requirements for Cardiovascular Courses

Candidates must hold a formal professional qualification as a registered nurse, allied health professional, pharmacist, or medical practitioner. Candidates must be involved currently in the care of people at high risk of or with cardiovascular disease as part of their work or have pre-arranged access to such patients. Applications for undergraduate and postgraduate study are accepted throughout the year and are available online at <http://www.gla.ac.uk/postgraduate/howtoapplyforataughtdegree/applyonline/>

### CONTINUING PROFESSIONAL DEVELOPMENT (M LEVEL) Cost: £450 / course

**Managing Cardiovascular Risk:** available as either 10 weeks of face to face taught lectures (commencing September, 2009) or two consecutive days with distance learning using MOODLE e-learning (20 credits, masters level). This course develops critical evaluation of screening, lifestyle and pharmacological strategies on each of the main cardiovascular risk factors for example hypertension, hyperlipidaemia, obesity to reduce the risk of disease.

**Managing Cardiac Care:** available as either 10 weeks of face to face taught lectures (commencing December 2009) or two consecutive days with distance learning using MOODLE e-learning (20 credits, masters level). Engages participants in a systematic approach to cardiac care that critically analysis patient pathways through increasingly complex interventions from diagnosis to end of life issues.

**Clinical Management Issues in Stroke:** available as 10 weeks of face to face taught lectures (20 credits, masters level): Enables a deeper understanding of stroke-related issues and explores the impact of clinical issues in stroke care.

**Long-term Conditions:** available as 10 weeks of face to face taught lectures (20 credits, masters level): Engages participants in critical debate on emerging models of care, underlying philosophies, principles and challenges in the management of long term conditions.

## GRADUATE CERTIFICATE IN CARDIOVASCULAR CARE Cost: £300 / course

**Cardiovascular Lifestyle Management:** available as either three consecutive taught days (26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup> August, 2009) or distance learning using MOODLE e-learning (20 credits, graduate level). The key components of this course are to prepare students to assess individual cardiovascular disease risk, undertake behaviour change strategies, and manage cardiovascular lifestyles intervention. In the course students study the evidence for intervention while putting this into clinical practice to support learning normally over three months.

**Cardiovascular Disease Prevention:** available as either three consecutive taught days (14<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup> December, 2009) or distance learning using MOODLE e-learning (20 credits, graduate level). The key components of this course are to prepare students to diagnose and manage patients with essential hypertension, dyslipidaemia, and type 2 diabetes. The course involves integrating evidence based practice with clinical skills to support learning normally over three months.

**Cardiovascular Disease Management:** available as either three consecutive taught days (18<sup>th</sup>, 19<sup>th</sup> & 20<sup>th</sup> March, 2009) or distance learning using MOODLE e-learning) (20 credits, graduate level): The key components of this course are to prepare students to address the diagnosis and long term management of coronary heart disease, stroke and heart failure. Course study is normally over three months and promotes evidence based clinical practice.

## UNACCREDITED STUDY DAYS £75 PER STUDY DAY

The unaccredited study days as listed are held in Nursing & Health Care, University of Glasgow. To arrange for study days in other areas contact Susan Kennedy to discuss. If you wish to attend any of these dates please complete the Study Day Registration Form below and return to the address on the form.

Date	Subject
Mar 18, 09	<b>Coronary Heart Disease</b> An up to date review of clinical practice in coronary heart disease management
Mar 19, 09	<b>Chronic Heart Failure</b> An introduction to the knowledge required by health professionals to deliver supportive long term care to the heart failure patient
Mar 20, 09	<b>Stroke</b> An introduction to the physiology, diagnosis and management of a particularly challenging long term condition
Aug 26, 09	<b>Assessing Cardiovascular Risk</b> An interactive day integrating practical skills with issues on communicating cardiovascular risk
Aug 27, 09	<b>Introduction to Motivational Interviewing</b> An innovative programme on brief negotiation skills for health professionals to motivate individuals to improve lifestyle
Aug 28, 09	<b>Cardiovascular Lifestyle Interventions</b> A challenging day discussing evidence based strategies for supporting people to make healthy lifestyle decisions.
Dec 14, 09	<b>Essential Hypertension</b> To learn to assess, diagnose and manage uncomplicated essential hypertension.
Dec 15, 09	<b>Dyslipidaemia</b> A programme designed to promote a deeper understanding of managing people on long term lipid therapy.
Dec 16, 09	<b>Type 2 Diabetes</b> This study day prepares health professionals to prevent and manage complications of type 2 diabetes



**Continuing Professional Development Courses  
BHF CARDIAC CARE STUDY DAYS  
Registration Form 2009**

If you wish to register for any of the study days please fill in BLOCK CAPITALS

Name: .....

Position: .....

Organisation: .....

Address: .....

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Postcode: .....

Tel: .....

Fax: .....

Email: .....

Special dietary requirements: .....

How did you hear about the study days: .....

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Please enclose a cheque for the appropriate amount payable to 'The University of Glasgow' or request an invoice. Send completed registration form with cheque to: Karen Hegyi, Cardiac Care Secretary, Nursing & Health Care, 59 Oakfield Avenue, Glasgow, G12 8LL. Tel: 0141 330 2072. Fax: 0141 330 3539.

If you would like an invoice, please provide a contact name and address for the person to whom the invoice should be sent. *(Please provide an organisation address as we cannot accept a personal address for invoices).*

Name:

Position:

Address:

Postcode:

Tel:

Fax:

Purchase Order No.

*Please indicate which study day (s) you wish to attend by ticking box:*

Date	Study Title	Tick dates to attend
Mar 18, 09	Coronary Heart Disease	
Mar 19, 09	Chronic Heart Failure	
Mar 20, 09	Stroke	
Aug 26, 09	Assessing Cardiovascular Risk	
Aug 27, 09	Introduction to Motivational Interviewing	
Aug 28, 09	Cardiovascular Lifestyle Interventions	
Dec 14, 09	Essential Hypertension	
Dec 15, 09	Dyslipidaemia	
Dec 16, 09	Type 2 Diabetes	
<b>Total cost (£75 each)</b>		<b>£</b>

For more information contact: Susan Kennedy, BHF Cardiac Care Lecturer, Nursing & Health Care  
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