



**SCOTLAND**



March 2008

## Welcome to the Scottish Campaign for Cardiac Rehabilitation Pack

The Scottish Campaign for Cardiac Rehabilitation has been launched by an alliance of patient organisations, health professionals and heart charities creating one powerful voice to champion the cause of cardiac rehabilitation.

### If you believe that...

**By the end of 2010, every heart patient should have access to a high quality cardiac rehabilitation programme**

**...then this pack is for you!**

In these pages you'll find all you need to add your voice to the alliance. By putting pressure on your local MSP and health chief and by raising awareness of the issue you really can help to put cardiac rehabilitation on the political map.

Inside you will find:

- A Guide to Campaigning
- A Briefing setting out what we want from the Scottish Government and NHS Scotland
- A Factsheet setting out the current cardiac rehabilitation position in Scotland
- A Sample Letter you could send to your local MSPs
- The UK Campaign Petition

If you like, you can copy this pack and circulate it among other patients and supporters or order more packs by calling Louise Peardon [CHSS] on 0131 225 6963 or Ben McKendrick [BHF] on 0131 561 3352.

Once your campaigning is underway we'd love to hear how you've got on. Please send any feedback or copies of responses you have been sent to: [mckendrickb@bhf.org.uk](mailto:mckendrickb@bhf.org.uk) or [louise.peardon@chss.org.uk](mailto:louise.peardon@chss.org.uk)

**Good luck!**

**Ben McKendrick  
BHF Scotland**

**Louise Peardon  
Chest, Heart & Stroke Scotland**

