



SCOTLAND



Scottish Cardiac Rehabilitation Figures

Provisional figures provided to the Scottish campaign by Information Statistics Division [ISD] Scotland suggest that **up to 60%** of people who have had a heart attack or cardiac bypass surgery receive cardiac rehabilitation. This shows what can be done when resources and efforts are focussed on a particular area. However we can go further- if services are tailored to suit people's needs and underrepresented groups needs are accounted for, such as people from ethnic minorities, in remote and rural and/or deprived communities, we believe we can achieve an 80% participation rate for heart attack and cardiac bypass patients.

Figures from ISD show that last year that out of 7779 patients with angina only **3%** received cardiac rehabilitation and out of an estimated 6011 people with heart failure less than **1%** received cardiac rehabilitation in Scotland. Urgent action is needed in these areas to ensure that these patients get the benefits that high quality cardiac rehab can offer, to prevent them from dying, as well as to reduce the chances of them being hospitalised as a result of an avoidable escalation in their condition.

The numbers of people with these conditions who are eligible to receive cardiac rehabilitation in each NHS Board area are as follows:

NHS Board	<i>People with CHD**</i>	Heart Attack	Cardiac By-Pass	Angina	Heart Failure
Ayrshire & Arran	17,114	405	123	681	470
Borders	4,388	152	73	155	162
Dumfries & Galloway	5,994	108	51	153	133
Fife	12,831	487	111	550	399
Forth Valley	10,902	247	81	398	268
Grampian	17,735	791	195	505	477
Greater Glasgow & Clyde	50,220	1492	458	1504	1420
Highland	11,508	482	158	454	424
Lanarkshire	20,787	671	244	1054	682
Lothian	25,616	871	244	1324	853
Orkney	605	39	2	31	24
Shetland	622	25	7	20	27
Tayside	14,279	415	132	802	538
Western Isles	1326	31	10	46	57
SCOTLAND Total	193,927	5402	1684	7779	6011

**Figures from ISD Scotland – for year ending June 2007*

*** Coronary Heart Disease*

