



## Training Dates

STROKE TRAINING DATES 2010			
	Date	Day	Venue
<b>Current Care in Stroke - Part 1</b>	1st, 2nd & 22nd Feb	Mon/Tues/Mon	Stobhill Hospital
	19th, 20th Apr & 14th May	Mon/Tues/Fri	Vale of Leven Hospital
	21st, 22nd Jun & 19th July	Mon/Tues/Mon	St Margaret's Hospice
	6th, 7th & 21st December	Thur/Tues/Tues	St Margaret's Hospice
<b>Current Care in Stroke - Part 2</b>	23rd & 24th March	Tues/Wed	Vale of Leven Hospital
	4th & 5th October	Mon/Tues	Vale of Leven Hospital
<b>Topic Specific Days</b>	18th February	Thursday	St Margaret's Hospice
	25th May	Tuesday	Stobhill Hospital
	18th November	Thursday	St Margaret's Hospice
<b>Nursing Assistant Study Day</b>	3rd March	Thursday	Inverclyde Royal Hospital
	8th June	Tuesday	Vale of Leven Hospital
	14th October	Thursday	St Margaret's Hospice

Further dates will be added throughout the year. Please check the website for more information.



Chest, Heart & Stroke Scotland and CHSS are operating names of The Chest, Heart & Stroke Association Scotland, a registered Charity No. SC018761

# 2010 Stroke Training Courses



**For Health & Social Care Staff**



## Philosophy of Chest, Heart & Stroke Training

Chest, Heart & Stroke Scotland aim to provide a learning environment where members of the Multi-Disciplinary team, from Health and Social Care sectors, may learn from both the content of the course and from one another. We feel that the sharing of knowledge and experience can allow people to make changes to their practice which in turn may enhance the care they give to their patient/client. To enable us to do this we will undertake evaluation of the course content and delivery and feedback any relevant comments to the individual trainer or organization concerned. Course content will be current and evidence based. These courses are funded in partnership with the NHS and supported by Health Board area specific Managed Clinical Networks for Stroke.

## Current Care in Stroke – Part 1



### Target Group:

Health and social care staff who work with people affected by stroke and their carers.

### Course Aim:

To develop the core knowledge of health and social care staff and facilitate further development of their skills and confidence when working with people affected by stroke and their families. This course is aligned to the Stroke Core Competencies for Healthcare Staff, developed by NHS Education Scotland (NES 2005). The course content and delivery has been endorsed by NES.

### Outcomes:

Each individual session has a specific aim and learning outcomes which are aligned to the Stroke Core Competencies. By the end of the course participants will have enhanced their knowledge and skills related to stroke care and be able to identify areas for further personal learning and development.

To view the Stroke Core Competencies visit: [www.strokecorecompetencies.org](http://www.strokecorecompetencies.org)

### Outline of Course Programme Current Care in Stroke – Part 1:

#### Day 1

- What is a Stroke?
- Knowledge & Skills Workshop
- Patients Journey
- Normal Movement
- Assessment of Physical Ability and use of Orthotics

#### Day 2

- ADL & How to Help
- Experiencing Stroke
- Communication & Stroke
- Swallowing after Stroke
- Nutrition and Stroke
- Using the Core Skill Competencies

#### Day 3

- Nursing Care & Management
- Continence Following Stroke
- Case Studies
- Psychological Issues in Stroke Care
- Team working

## Current Care in Stroke – Part 2

### Target Group:

Health and social care staff who have completed Current Care in Stroke – Part 1 and wish to further develop their knowledge and skills related to stroke care.

### Course Aim:

To further develop on core knowledge and skills related to caring for people who have had a stroke and their carers.

### Outcomes:

Each session has a specific aim and learning outcomes. By the end of the course participants will have reflected on their knowledge and skills related to stroke care and have identified areas for further personal learning and development. Participants will be able to identify areas of their own practice where improvements/changes may be beneficial to their clients/patients.

### Outline of Course Programme Current Care in Stroke – Part 2:

#### Day 1

- Stroke Classification & Medical Assessment
- Perceptual & Cognitive Problems After Stroke
- Challenging Behaviour in Stroke Care
- Living with Aphasia

#### Day 2

- Managed Clinical Networks and Guidelines for practice
- Clinical reasoning in the Physical Management of Stroke
- Ethical issues in Stroke Care
- Sexuality after Stroke

### Topic Specific Study Day:

These study days are based on specific topics related to stroke. They are offered to health and social care staff working with people affected by stroke. These study days are based around current topics related to stroke and will be advertised approximately six weeks before. The content of these will be advertised closer to the date of the course. Staff are kindly requested not to apply for these days until the topic has been advertised.

### Nursing Assistant Study Day

#### Course Aim:

To enhance knowledge, skills and confidence in working with people affected by stroke and to raise awareness of the issues affecting people living with stroke.

#### Nursing Assistant Study Day

- Introduction to stroke
- Communication Difficulties and How to Help
- Positioning Following Stroke
- Activities of Daily Living and How to Help
- Experiencing Stroke

## Booking

These courses are free of charge with your manager's permission and are only available to staff working within the NHS Greater Glasgow and Clyde Area.

Please use one form per booking and send to Heather Bryceland.

## Stroke Training Course/Study Day Booking Form

Please tick the course/study day you wish to attend

- Current Care in Stroke – Part 1       Current Care in Stroke – Part 2  
 Topic Specific Study Day       Nursing Assistant Study Day

Please state the date of course/study day you would prefer: \_\_\_\_\_

## Participant details

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Grade/Band: \_\_\_\_\_

Full postal address of place of work: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Contact telephone number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Special needs: \_\_\_\_\_

Signature: \_\_\_\_\_

Manager: \_\_\_\_\_

Manager signature: \_\_\_\_\_

### Please return to:

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