

Stroke Training Dates 2012

	Date	Day	Venue
Current Care in Stroke Part 1	1st, 2nd Feb & 29th Feb	Wed/Thur/Wed	Woodend Hospital
	7th, 8th Mar & 10th April	Wed/Thur/Tue	Dr. Grays Hospital
	18th, 19th Apr & 16th May	Wed/Thur/Wed	Woodend Hospital
	15th, 16th Aug & 12th Sep	Wed/Thur/Wed	Woodend Hospital
	3rd, 4th Oct & 31st Oct	Wed/Thu/Wed	Aberdeenshire Central (tbc)

Single Stroke Study Day	9th May	Wed	Woodend Hospital
	28th August	Tue	Dr. Grays Hospital
	22nd November	Thur	Woodend Hospital

Topics will be announced throughout the year

Social Service Staff Study Day	16th February	Thu	TBA
	13th June	Wed	Dr. Grays Hospital
	19th September	Wed	TBA

Nursing & Therapy Assistants Practical Day	24th May	Thu	Woodend Hospital
	5th December	Wed	Woodend Hospital

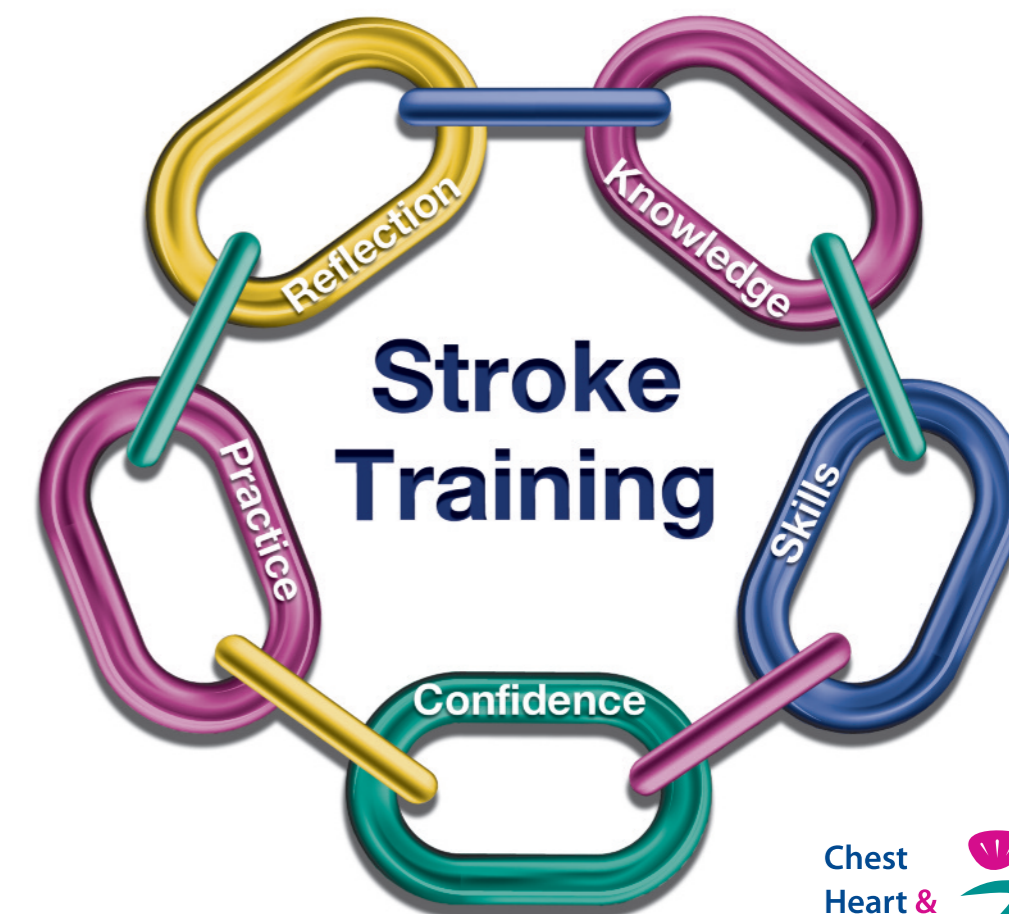
Additional dates may be announced throughout the year.

Contact Details

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2012 Stroke Courses



Stroke Training

For Health & Social Care Staff

Philosophy of Chest, Heart & Stroke Training

Chest, Heart & Stroke Scotland aim to provide a learning environment where members of the Multi-Disciplinary team, from Health and Social Care sectors, may learn from both the content of the course and from one another. We feel that the sharing of knowledge and experience can allow people to make changes to their practice which in turn may enhance the care they give to their patient/client. To enable us to do this we will undertake evaluation of the course content and delivery, and feedback any relevant comments to the individual trainer or organisation concerned. Course content will be current and evidence based. These courses are funded in partnership with the NHS and supported by Health Board area specific Managed Clinical Networks for Stroke.

The courses are delivered by the Flexible Therapy Stroke Team and Medical Staff from the stroke medical team. This multi-disciplinary approach to teaching reflects the team approach to patient management.



Current Care in Stroke

Target Group:

Health and social care staff who work with people affected by stroke and their carers.

Course Aim:

To develop the core knowledge of health and social care staff and facilitate further development of their skills and confidence when working with people affected by stroke and their families. This course is aligned to the Stroke Core Competencies for Healthcare Staff, developed by NHS Education Scotland (NES 2005).

The course content and delivery has been endorsed by NES.

Outcomes:

Each individual session has a specific aim and learning outcomes which are aligned to the Stroke Core Competencies. By the end of the course participants will have enhanced their knowledge and skills related to stroke care and be able to identify areas for further personal learning and development.

To view the Stroke Core Competencies visit: www.stroketraining.org

Outline of Course Programme Current Care in Stroke:

Day 1

- What is a stroke?
- Experiencing effects of stroke workshop
- Activities of daily living and how to help
- Neuropsychology service for stroke
- Communication and stroke

Day 2

- Nutrition and stroke
- Swallowing and stroke
- Physical ability after stroke
- Skin care after stroke
- Organisation of stroke services
- Physical ability after stroke – practical session

Day 3

- Nurses role and management
- Impact of stroke – a patient's perspective
- Sexual health post stroke
- Continence promotion and management
- Feedback from follow-up task

Single Stroke Study Day:

These study days focus on a current topic related to stroke. These days are aimed at all health and social care staff working with stroke. The topic will be advertised approximately 8 weeks before the date, bookings may not be made until the topic is advertised.

Social Service Staff Study Day:

If you work in social services and want to improve your knowledge, skills and confidence when working with people and families affected by stroke then this study day is for you. The content is delivered using a variety of presentations, practical workshops and experiential learning and will provide you with a practical overview of stroke.

Care Home Staff Study Day:

If you work in a care home setting and want to improve your knowledge, skills and confidence when working with people and families affected by stroke then this study day is for you. The content is delivered using a variety of presentations, practical workshops and experiential learning and will provide you with a practical overview of stroke.

This study day will be brought to your local care home on request. This can be for a group of care homes or for individual homes. To discuss this further please contact the Stroke Training Co-ordinator. There is no cost associated with hosting this day.

Nursing and Therapy Assistants Practical Day:

This study day is an addition to our training portfolio and can stand-alone or compliment the content of the Current Care in Stroke. It is designed to use experiential learning and practical workshops to enhance knowledge and skills in stroke and how they relate to practice. This day is aimed at all nursing and therapy assistants working with stroke.

Specifically Designed Study Days/Sessions:

Study days or stroke awareness sessions can be designed and brought to you to address the learning needs of particular staff groups. Please contact the Stroke Training Co-ordinator for further information.



Stroke Training 2012 Booking Form



The courses are free of charge to health and social care staff in Grampian, with your manager's permission to attend.

Stroke Training Course/Study Day Booking Form

Please tick the course/study day you wish to attend

- Current Care in Stroke**
- Social Care Staff Study Day**
- Nursing & Therapy Assistants Study Day**
- Single Stroke Study Day**

Tick if you would like to receive information when the topics for the single study days are announced.

There are waiting lists in place for the stroke training programmes. Your name will be added to the relevant list and a place will be offered to you at the earliest opportunity.

Participant Details

Name: _____

Job Title: _____

Grade/Band: _____

Work Address: _____

Contact Tel No: _____

E-mail: _____

Special needs: _____

Signature: _____

Please return to:

Desmond Chrystal, Stroke Training Co-ordinator
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