



New for 2012 – SCoT

The SCoT (Stroke Competency Toolkit) will enable staff to transfer knowledge into practice and provide a portfolio of evidence to support their development. It is based on the stroke core competencies developed by NHS Education for Scotland (2005) and is aligned to the NHS Knowledge and Skills Framework (KSF). The Stroke Training Coordinator will oversee the roll out of the SCoT into Stroke Units within NHS Fife in 2012 ensuring that the toolkit will be available for all members and levels of the stroke multidisciplinary team. For further information regarding this initiative please contact The Stroke Training Coordinator.



Training Dates

STROKE TRAINING DATES 2012			
	Date	Day	Venue
Current Care in Stroke – Part 1	14th & 15th February	Tue/Wed	Lynebank Hospital
	22nd & 23rd May	Tue/Wed	Lynebank Hospital
	24th & 25th October	Wed/Thur	Lynebank Hospital
Current Care in Stroke – Part 2	27th & 28th March	Tue/Wed	Lynebank Hospital
	21st & 22nd November	Wed/Thur	Lynebank Hospital
Single Stroke Study Days	18th April	Wednesday	Education Centre QMH
	26th September	Wednesday	Education Centre QMH
	5th December	Wednesday	Education Centre QMH
Social Service Days	9th March	Friday	Lynebank Hospital
	27th June	Wednesday	Lynebank Hospital
	2nd October	Tuesday	Lynebank Hospital

Contact Details:

Joanne Graham
 Stroke Training Coordinator,
 Admin Block, Lynebank Hospital, Halbeath Road, Dunfermline, KY11 4UW
 E-mail: joanne.graham@nhs.net
 Tel/Fax: 01383 565379

Chest Heart & Stroke Scotland and CHSS are operating names of The Chest Heart & Stroke Association Scotland, a registered Charity No. SC018761



For Health & Social Care Staff



2012 Stroke Training Courses



Philosophy of Chest, Heart & Stroke Training

Chest Heart & Stroke Scotland aim to provide a learning environment where members of the Multi-Disciplinary team, from Health and Social Care sectors, may learn from both the content of the course and from one another. We feel that the sharing of knowledge and experience can allow people to make changes to their practice which in turn may enhance the care they give to their patient/client. To enable us to do this we will undertake evaluation of the course content and delivery, and feedback any relevant comments to the individual trainer or organization concerned. Course content will be current and evidence based. These courses are funded in partnership with the NHS and supported by Health Board area specific Managed Clinical Networks for Stroke.



Current Care in Stroke – Part 1

Target Group:

Health and social care staff who work with people affected by stroke and their carers.

Course Aim:

To develop the core knowledge of health and social care staff and facilitate further development of their skills and confidence when working with people affected by stroke and their families. This course is aligned to the Stroke Core Competencies for Healthcare Staff, developed by NHS Education Scotland (NES 2005). The course content and delivery has been endorsed by NES.

Outcomes:

Each individual session has a specific aim and learning outcomes which are aligned to the Stroke Core Competencies. By the end of the course participants will have enhanced their knowledge and skills related to stroke care and be able to identify areas for further personal learning and development.

To view the Stroke Core Competencies visit: www.stokecorecompetencies.org

Outline of Course Programme Current Care in Stroke – Part 1:

Day 1

- What is a Stroke?
- Organisation of Stroke Services
- Experiencing Stroke Workshop
- Swallowing & Nutrition after Stroke
- Communication & Stroke

Day 2

- Activities of Daily Living and Stroke
- Skin Care after Stroke
- Continence and Stroke
- Psychological Aspects in Stroke Care
- Physical Ability after Stroke (theory & practical sessions)
- Spiritual Care in Stroke

Current Care in Stroke – Part 2

Target Group:

Health and social care staff who have completed Current Care in Stroke – Part 1 and wish to further develop their knowledge and skills related to stroke care.

Course Aim:

To further develop core knowledge and skills in relation to caring for someone who has had a stroke and their carers.

Outcomes:

Each session has a specific aim and learning outcomes. By the end of the course participants will have reflected on their knowledge and skills related to stroke care and have identified areas for further personal learning and development. Participants will be able to identify areas of their own practice where improvements/changes may be beneficial to their clients/patients.

Outline of Course Programme Current Care in Stroke – Part 2:

Day 1

- Stroke Classification & Medical Treatments
- Living with Aphasia
- NG, PEG & Enteral Feeding
- Sexuality after Stroke
- Palliative Care and Stroke

Day 2

- Perceptual & Cognitive Problems after Stroke
- Spiritual Care
- Physical Management of Stroke
- Hospital to Home
- A Carers Perspective

Single Stroke Study Days:

These study days are based on specific topics related to stroke. They are offered to health and social care staff working with people affected by stroke. These study days are based around current topics related to stroke care and will be advertised approximately six weeks before. All health professionals at any level are eligible to apply for topic specific study days.

Social Services Study Day:

These courses have been developed to meet the needs of Social Services staff. Topics covered are current and evidence based, they include What is a Stroke? and practical issues and ways to help. For further information regarding these days contact the Stroke Training Coordinator.

Specifically Designed Study Days:

These study days can be organized to address the learning needs of particular staff groups. For information regarding the rationale related to the provision of these study days please contact the Stroke Training Coordinator.

Booking

The courses are free of charge to local NHS staff with their managers permission. Social services staff will need to contact the Stroke Training Coordinator in their area for advice re whether any payment will be required.

Please use one form per booking per person.

Stroke Training Course/Study Day Booking Form

Please tick the course/study day you wish to attend

- Current Care in Stroke – Part 1 Current Care in Stroke – Part 2
 Single Stroke Study Days Social Services Study Day

Please state the date of course/study day you would prefer: _____

Participant details

Name: _____

Profession: _____

Grade/Band: _____

Full postal address of place of work: _____

Contact telephone number: _____

E-mail Address: _____

Special needs: _____

Signature: _____

Manager: _____

Manager signature: _____

Please return to:

Joanne Graham
Stroke Training Coordinator,
Admin Block, Lynebank Hospital, Halbeath Road,
Dunfermline, KY11 4UW

E-mail: joanne.graham@nhs.net
Tel/Fax: 01383 565379