

# 2012 Stroke Training Courses



### Single Stroke Study Days:

These study days are based on specific topics relating to Stroke and are advertised separately approximately six weeks before the date shown in the table below. They are accessible to all health and social care staff according to the relevance and interest of the subject offered.

### Care Home & Care Agency Study Day:

These courses have been developed to meet the needs of staff working in the above sectors. They include relevant topics that are current and evidence based.

### Specifically Designed Study Days:

Individual study days may be organised to address the learning needs of particular staff groups. For information regarding the organisation and provision of these please contact the Stroke Training Coordinator.

## Training Dates

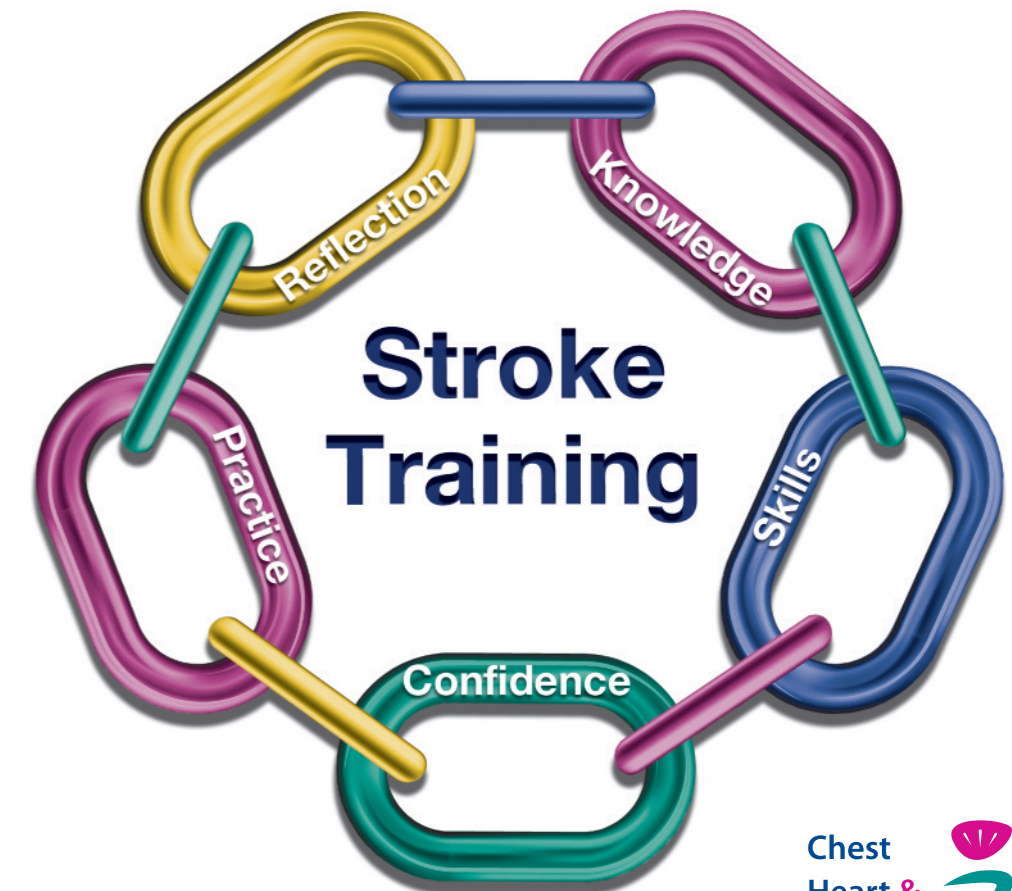
STROKE TRAINING DATES 2012			
	Date	Day	Venue
Current Care in Stroke – Part 1	13th & 14th March	Tues/Wed	Dumfries
	9th & 10th May	Wed/Thur	Newton Stewart
Current Care in Stroke – Part 2	28th & 29th August	Tues/Wed	Dumfries
	10th & 11th October	Wed/Thur	Newton Stewart
Single Stroke Study Day	23rd February	Tues	Dumfries
	Date in November TBC	TBC	Dumfries
Care Home & Care Agency Study Day	18th April	Wed	Dumfries
	20th Sept	Thur	Newton Stewart
	5th December	Wed	Dumfries

### Contact Details:

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Chest Heart & Stroke Scotland and CHSS are operating names of The Chest Heart & Stroke Association Scotland, a registered Charity No. SC018761



For Health & Social Care Staff



## Philosophy of Chest, Heart & Stroke Training

Chest, Heart & Stroke Scotland aim to provide a learning environment where members of the Multi-Disciplinary Team, from Health and Social Care sectors, may learn from both the content of the course and from one another. We feel that the sharing of knowledge and experience can allow people to make changes to their practice which in turn may enhance the care they give to their patient/client. To enable us to do this we will undertake evaluation of the course content and delivery, and feedback any relevant comments to the individual trainer or organization concerned. Course content will be current and evidence based. These courses are funded in partnership with the NHS and supported by Health Board area specific Managed Clinical Networks for Stroke.

## Stroke Training in Dumfries & Galloway

The Stroke Training Coordinator in Dumfries & Galloway also has a dual role as the Stroke Specialist Nurse in Wigtownshire. Due to this, the number of courses and study days offered in the region are fewer than in other health boards and early booking is advised. Training in Stroke Care is offered in both Dumfries and Newton Stewart to allow for accessibility across the region.

## Current Care in Stroke – Part 1



### Target Group:

Health and social care staff who work with people affected by stroke and their carers.

### Course Aim:

To develop the core knowledge of health and social care staff and facilitate further development of their skills and confidence when working with people affected by stroke and their families. This course is aligned to the Stroke Core Competencies for Healthcare Staff, developed by NHS Education Scotland (NES 2005). The course content and delivery has been endorsed by NES.

### Outcomes:

Each individual session has specific aims and learning outcomes which are aligned to the Stroke Core Competencies. By the end of the course participants will have enhanced their knowledge and skills related to stroke care and be able to identify areas for further personal learning and development.

To view the Stroke Core Competencies visit: [www.stroketraining.org](http://www.stroketraining.org)

## Outline of Course Programme Current Care in Stroke – Part 1:

### Day 1

- Stroke Core competencies
- What is a Stroke?
- Knowledge and skills workshop
- Nursing Management
- Experiencing the effects of stroke workshop
- Physical ability after Stroke

### Day 2

- Communication & Stroke
- Swallowing & Stroke
- Activities of Daily Living
- Nutrition & Stroke
- The Patient Journey
- Psychological Aspects of Stroke
- Continence Promotion & Management after Stroke

## Current Care in Stroke – Part 2

### Target Group:

Health and social care staff who have completed Current Care in Stroke – Part 1 and wish to further develop their knowledge and skills related to stroke care.

### Course Aim:

To further develop on core knowledge and skills related to caring for people who have had a stroke and their carers.

### Outcomes:

Each session has specific aims and learning outcomes. By the end of the course participants will have reflected on their knowledge and skills related to stroke care and have identified areas for further personal learning and development. Participants will be able to identify areas of their own practice where improvements/changes may be beneficial to their clients/patients.

## Outline of Course Programme Current Care in Stroke – Part 2:

### Day 1

- Stroke – classification, management & secondary prevention of stroke
- Living with Aphasia
- NG, PEG & Enteral feeding
- Clinical reasoning in the physical management of stroke
- Psychological Aspects after Stroke

### Day 2

- Hospital to Home
- Perceptual & Cognitive problems after Stroke
- Ethical Issues
- Identifying the issues of Stroke
- Spirituality
- Sex & Sexuality following Stroke

## Booking

The courses are free to local NHS & Social Service staff with their manager's permission. Other sectors will need to contact the Stroke Training Coordinator in their area for advice re whether any payment will be required.

Please use one booking form per person.

## Stroke Training Course/Study Day Booking Form

Please tick the course/study day you wish to attend

- Current Care in Stroke – Part 1
- Current Care in Stroke – Part 2
- Single Stroke Study Days
- Care Home & Care Agency Study Day

Please state the date of course/study day you would prefer: \_\_\_\_\_

## Participant details

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Grade/Band: \_\_\_\_\_

Full postal address of place of work: \_\_\_\_\_

Contact telephone number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Special needs: \_\_\_\_\_

Signature: \_\_\_\_\_

Manager: \_\_\_\_\_

Manager signature: \_\_\_\_\_

### Please return to:

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